

MBChB Year 1 Booklist

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1.
Heylings, D. J. A., Spence, R. A. J. & Kelly, B. E. Integrated anatomy. (Churchill Livingstone, 2007).
 2.
Moore, K. L., Dalley, A. F., Agur, A. M. R., & Lippincott Williams & Wilkins. Clinically oriented anatomy. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2014).
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Drake, R. L., Vogl, W., Mitchell, A. W. M., & Elsevier Science (Firm). Gray's anatomy for students. (Churchill Livingstone Elsevier, 2015).
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Whiten, S. Flesh and bones of anatomy. (Elsevier Mosby, 2006).
 5.
Snell, R. S. Clinical anatomy by regions. (Lippincott Williams & Wilkins, 2012).
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Baynes, J. W. & Dominiczak, M. H. Medical biochemistry. (Elsevier, 2019).

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Ferrier, D. R. Biochemistry. (Wolters Kluwer, 2017).

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Lieberman, M., Peet, A. & Chansky, M. Marks' basic medical biochemistry: a clinical approach. (Wolters Kluwer, 2018).

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Meisenberg, G. & Simmons, W. H. Principles of medical biochemistry. (Elsevier Saunders, 2012).

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Gaw, A. Clinical biochemistry: an illustrated colour text, Murphy: Michael J. Murphy, Rajeev Shrivastava, Robert A. Cowan and Denis O'Reilly. (Churchill Livingstone, 2013).

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Alberts, B. Essential cell biology. (Garland Science, 2014).

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Kierszenbaum, A. L. & Tres, L. L. Histology and cell biology: an introduction to pathology. (Elsevier/Saunders, 2016).

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Pollard, T. D. Cell biology. (Elsevier, 2017).

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Bickley, L. S. & Szilagyi, P. G. Bates' guide to physical examination and history taking. (Lippincott Williams & Wilkins, 2013).

15.

Britton, R. & Danielson, E. Macleod's clinical examination. (Elsevier, 2018).

16.

Lloyd, M. & Bor, R. Clinical communication skills for medicine. (Churchill Livingstone, 2019).

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Sadler, T. W., Sadler-Redmond, S. L., Tosney, K., Byrne, J. & Imseis, H. Langman's medical embryology. (Wolters Kluwer, 2019).

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Persaud, T. V. N. & Torchia, M. G. Before we are born: essentials of embryology and birth defects. (Elsevier, 2025).

19.

Carlson, B. M. Human embryology and developmental biology. (Elsevier/Saunders, 2019).

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Hoffbrand, A. V., Moss, P. A. H., & Dawson Books. Hoffbrand's Essential haematology. (Wiley-Blackwell, 2016).

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Hoffbrand, A. V., Moss, P. A. H., & Ebooks Corporation Limited. Essential haematology. (Wiley-Blackwell, 2016).

22.

Hatton, C. & Dawson Books. Lecture notes: Haematology. vol. Lecture notes series (John Wiley & Sons, 2013).

23.

Howard, M. R. & Hamilton, P. J. Haematology: an illustrated colour text. (Churchill Livingstone/Elsevier, 2013).

24.

O'Dowd, G., Bell, S. & Wright, S. Wheater's functional histology: a text and colour atlas. (Elsevier, 2023).

25.

Kierszenbaum, A. L. & Tres, L. L. Histology and cell biology: an introduction to pathology. (Elsevier/Saunders, 2016).

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Kierszenbaum, A. L. & Tres, L. L. Histology and cell biology: an introduction to pathology. (Elsevier, 2016).

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Abbas, A. K., Lichtman, A. H., Pillai, S., & Elsevier Science (Firm). Basic immunology: functions and disorders of the immune system. (Elsevier/Saunders, 2014).

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Helbert, M. Flesh and bones of immunology. (Mosby Elsevier, 2006).

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Sompayrac, L. How the immune system works. (Wiley Blackwell, 2016).

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Sompayrac, L. & Dawson Books. How the immune system works. (Wiley-Blackwell, 2012).

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Doan, T. Immunology. (Wolters Kluwer Health/Lippincott Williams & Wilkins).

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Brazier, M. & Cave, E. Medicine, patients and the law. (Penguin Books, 2016).

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Sommerville, A., English, V., Brannan, S., & British Medical Association. Everyday medical ethics and law. (John Wiley & Sons, 2013).

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Bowman, D. & Askews & Holts Library Services. The worried student's guide to medical ethics and law: thriving, not just surviving. vol. MediPass series (BPP Learning Media, 2011).

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Axford, J. S. & O'Callaghan, C. A. Medicine. (Blackwell Science, 2004).

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Britton, R. & Davidson, S. Davidson's principles and practice of medicine. (Elsevier, 2018).

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Kumar, P. J. & Clark, M. L. Kumar & Clark's clinical medicine. (Elsevier, 2021).

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Goering, R. V. & Elsevier Science (Firm). Mims' medical microbiology. (Elsevier Saunders, 2019).

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Ward, K. N., McCartney, A. C., Thakker, B. & Timbury, M. C. Notes on medical microbiology, including virology, mycology, and parasitology. (Churchill Livingstone Elsevier, 2009).

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Bender, D. A. Introduction to nutrition and metabolism. (CRC Press, 2014).

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Craft, A. Illustrated textbook of paediatrics. (Mosby Elsevier, 2012).

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Simon Herrington, C. Muir's textbook of pathology. (CRC Press, 2014).

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Porth, C. & Gaspard, K. J. Essentials of pathophysiology: concepts of altered health states. (Wolters Kluwer, 2015).

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Lippincott Williams & Wilkins. Rubin's pathology: clinicopathologic foundations of medicine . (Wolters Kluwer Health, 2015).

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Underwood's pathology: a clinical approach. (Elsevier, 2024).

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Wecker, L., Taylor, D. A., Theobald, R. J. Jr. & Brody, T. M. Brody's human pharmacology: molecular to clinical. (Mosby/Elsevier, 2019).

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Principles of pharmacology: the pathophysiologic basis of drug therapy. (Wolters Kluwer, 2017).

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Dale, M. M. & Haylett, D. G. Pharmacology condensed. (Churchill Livingstone Elsevier, 2009).

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Rang, H. P., Ritter, J., Flower, R. J. & Henderson, G. Rang & Dale's pharmacology. (Elsevier/Churchill Livingstone, 2020).

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Lippincott Illustrated Reviews: Pharmacology. (Wolters Kluwer, 2019).

52.

Barrett, K. E. & Ganong, W. F. Ganong's review of medical physiology. (McGraw-Hill Medical, 2012).

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Barrett, K. E. & Ganong, W. F. Ganong's review of medical physiology. vol. A Lange medical book (McGraw-Hill Medical, 2012).

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Pocock, G., Richards, C. D. & Richards, D. A. Human physiology. (Oxford University Press, 2018).

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Widmaier, E. P., Raff, H., Strang, K. T. & Vander, A. J. Vander's human physiology: the mechanisms of body function. (McGraw-Hill, 2014).

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Rhoades, R. & Bell, D. R. Medical physiology: principles for clinical medicine. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2013).

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Hall, J. E. Guyton and Hall textbook of medical physiology. (Elsevier, 2016).

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Donaldson, S. L. J. & Rutter, P. Donaldsons' Essential Public Health. (Taylor & Francis Ltd, 2017).

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Donaldson, L. J., Scally, G. & Donaldson, L. J. Donaldsons' essential public health. (Radcliffe, 2009).

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Ben-Shlomo, Y., Brookes, S., Hickman, M. & Farmer, R. D. T. Lecture notes: Epidemiology, evidence-based medicine, and public health. vol. Lecture notes series (Wiley-Blackwell, 2013).

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Naidoo, J., Wills, J. & Naidoo, J. Foundations for health promotion. vol. Public health and

health promotion practice (Elsevier, 2009).

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Gordis, L. Epidemiology. (Elsevier/Saunders, 2014).

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van Teijlingen, E., Humphris, G. & Calderwood, C. Psychology and sociology applied to medicine: an illustrated colour text. (Churchill Livingstone, 2019).

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Scambler, G. Sociology as applied to medicine. (Saunders, 2008).

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Marshall, W. J., Bangert, S. K., Lapsley, M., & Dawson Books. Clinical chemistry. (Elsevier, 2012).

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Lyons, I. Lecture notes: Biomedical science. (Wiley-Blackwell, 2011).

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Medical sciences. (Saunders Elsevier, 2019).

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Allison, M. E. M. & McDonald, S. W. Core clinical cases: self-assessment for medical students, Anatomy and physiology. (PasTest, 2008).

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Concise medical dictionary. vol. Oxford paperback reference (Oxford University Press,

2015).

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McLachlan, J. Medical embryology. (Addison-Wesley, 1994).

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Tsiaras, A. & Werth, B. From conception to birth: a life unfolds. (Vermilion, 2002).

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Tobias, E. S., Connor, J. M. & Ferguson-Smith, M. A. Essential medical genetics. (Wiley-Blackwell, 2011).

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Young, I. D. Medical genetics. vol. Oxford core texts (Oxford University Press, 2005).

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Sinclair, D. & Dangerfield, P. Human growth after birth. vol. Oxford medical publications (Oxford University Press, 1998).

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Fomon, S. J. Nutrition of normal infants. (Mosby, 1993).

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Davies, D. P. Nutrition in child health. (Royal College of Physicians of London, 1995).

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Koletzko, B. Paediatric parenteral nutrition: a practical reference guide. (Karger, 2008).

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Haddad, D. F., Greene, S. A. & Olver, R. E. Core paediatrics and child health. (Churchill Livingstone, 2000).

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Buckler, J. M. H. Growth disorders in children. (BMJ, 1994).

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Waterston, T., Helms, P. & Platt, M. P. W. Paediatrics: a core text on child health. (Radcliffe, 2005).

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Marmot, M. G. & Wilkinson, R. G. Social determinants of health. (Oxford University Press, 2006).

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Hanlon, P. & Ebooks Corporation Limited. The future public health. (McGraw Hill/Open University Press, 2012).

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Foster, T., Shen, J. & Churchhouse, A. Cardiology. (Elsevier, 2019).

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Noble, A. The cardiovascular system: basic science and clinical conditions. vol. Systems of the body (Churchill Livingstone Elsevier, 2010).

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Evans, J. D. W. & Sutton, P. Cardiovascular system. vol. Crash course (Mosby/Elsevier, 2015).

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Aggarwal, R., Ferenczi, E. & Muirhead, N. Cardiology. vol. One stop doc (Hodder Arnold, 2007).

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Aaronson, P. I., Ward, J. P. T., Connolly, M. J., & Ebooks Corporation Limited. The cardiovascular system at a glance. vol. At a glance series (Wiley-Blackwell, 2013).

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Katch, V. L., McArdle, W. D. & Katch, F. I. Essentials of exercise physiology. (Wolters Kluwer/Lippincott Williams & Wilkins, 2011).

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Lilly, L. S. Pathophysiology of heart disease: a collaborative project of medical students and faculty. (Lippincott Williams & Wilkins, 2011).

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Ward, J. P. T., Ward, J. & Leach, R. M. The respiratory system at a glance. vol. At a glance series (John Wiley & Sons, Inc, 2015).

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