

Clinical Health Psychology BOLD

View Online



1.

British Psychological Society & Askews & Holts Library Services. Clinical psychology in practice. (BPS Blackwell, 2009).

2.

Ogden, J. Health psychology: a textbook. (Open University Press, McGraw Hill, 2023).

3.

Essential readings in health psychology. (Open University Press, 2008).

4.

Publications | BPS. <https://www.bps.org.uk/publications>.

5.

The Psychology Community | The Macmillan Community.
<https://community.macmillan.com/community/the-psychology-community/content?filterID=contentstatus%5Bpublished%5D~objecttype~objecttype%5Bblogpost%5D>.

6.

Shane J Mc Inerney. Introducing the Biopsychosocial Model for good medicine and good doctors.

7.

Engel, G. The need for a new medical model: a challenge for biomedicine. *Science* **196**, 129-136 (1977).

8.

Ecological System Theory (Bronfenbrenner, 1994) | Psych Pics.
<https://psychpics.com/2015/12/16/eco-system-theory/>.

9.

Ecological Models of Human Development.pdf.

10.

Elliot, D. L., Reid, K. & Baumfield, V. Beyond the amusement, puzzlement and challenges: an enquiry into international students' academic acculturation. *Studies in Higher Education* **41**, 2198-2217 (2016).

11.

Attitudes_Infographic_update5 - Attitudes_Infographic_update5.pdf.

12.

Nelson Chong. You really can die of a broken heart – here's the science. *The Conversation*.

13.

Haaga DA1. Introduction to the special section on stepped care models in psychotherapy. *J Consult Clin Psychol.* (2000).

14.

NHSGGC : Local Delivery Plan.
<https://www.nhsggc.org.uk/about-us/nhsggc-board/finances-publications-reports/local-deliv>

ery-plan/.

15.

Murray, M. The pre-history of health psychology in the United Kingdom: From natural science and psychoanalysis to social science, social cognition and beyond. *Journal of Health Psychology* **23**, 472–491 (2018).

16.

Layout 1 - 2013_health_guide_employers.pdf.

17.

DCP What is clin psy.pdf.

18.

Does the future belong to the scientist practitioner? | The Psychologist.
<https://thepsychologist.bps.org.uk/volume-14/edition-2/does-future-belong-scientist-practitioner-0>.

19.

Guidry, J. P. D. et al. Using the Health Belief Model to Analyze Instagram Posts about Zika for Public Health Communications. *Emerging Infectious Diseases* **25**, 179–180 (2019).

20.

Tseng, Y.-F. et al. Predictors of smoking cessation in Taiwan: using the theory of planned behavior. *Psychology, Health & Medicine* **23**, 270–276 (2018).

21.

Bond, L. & Nolan, T. Making sense of perceptions of risk of diseases and vaccinations: a qualitative study combining models of health beliefs, decision-making and risk perception. *BMC Public Health* **11**, (2011).

22.

McGeechan, G. J., Richardson, C., Wilson, L., O'Neill, G. & Newbury-Birch, D. Exploring men's perceptions of a community-based men's shed programme in England. *Journal of Public Health* **39**, e251–e256 (2017).

23.

Kelly, M. P. & Barker, M. Why is changing health-related behaviour so difficult? *Public Health* **136**, 109–116 (2016).

24.

GBD 2017: a fragile world. *The Lancet* **392**, (2018).

25.

Noncommunicable diseases.

<https://www.who.int/news-room/fact-sheets/detail/noncommunicable-diseases>.

26.

Vigo D1, Thornicroft G2, Atun R3. Estimating the true global burden of mental illness. *Lancet Psychiatry*. (2016) doi:10.1016/S2215-0366(15)00505-2.

27.

Mental health in Scotland: Fundamental Facts | Mental Health Foundation.

<https://www.mentalhealth.org.uk/publications/mental-health-scotland-fundamental-facts>.

28.

Healthy communities | Glasgow Centre for Population Health.

https://www.gcph.co.uk/healthy_communities.

29.

List of Scottish Index of Multiple Deprivation Indicators: Easy to read.

30.

TEDx Talks. (38) What causes wellness | Sir Harry Burns | TEDxGlasgow - YouTube. (2014).

31.

Peter Hetherington. Harry Burns: 'We need compassion, not judgments about poor people' | Peter Hetherington. Guardian (2014).

32.

SIMD (Scottish Index of Multiple Deprivation) 2016.
<http://simd.scot/2016/#/simd2016/BTTTTFTT/9/-4.0000/55.9000/>.

33.

Getting a diagnosis of a mental health problem | Topics, Mental health: ethnic minority experiences, Mental health, People's Experiences | healthtalk.org.
<http://www.healthtalk.org/peoples-experiences/mental-health/mental-health-ethnic-minority-experiences/getting-diagnosis-mental-health-problem>.

34.

BBC Radio 4 - Mind Changers, The Pseudo-Patient Study.
<https://www.bbc.co.uk/programmes/b00lny48>.

35.

Textbook fail: Rosenhan's classic "On Being Sane In Insane Places" covered without criticism – Research Digest.
<https://digest.bps.org.uk/2017/02/20/textbook-fail-rosenhans-classic-on-being-sane-in-insane-places-covered-without-criticism/>.

36.

Rosenhan, D. L. On Being Sane in Insane Places. *Science* **179**, 250–258 (1973).

37.

Johnstone, L. Psychological Formulation as an Alternative to Psychiatric Diagnosis. *Journal of Humanistic Psychology* **58**, 30–46 (2018).

38.

Diagnosis. <http://broughttolife.sciencemuseum.org.uk/broughttolife/themes/diagnosis>.

39.

Wakefield JC1,2. Diagnostic Issues and Controversies in DSM-5: Return of the False Positives Problem. *Annu Rev Clin Psychol*. (2016).

40.

Mr Bodin. (39) Rosenhan- Being Sane In Insane Places - YouTube. (2015).

41.

Glasgow Centre for Population Health. <https://www.gcph.co.uk/>.

42.

See Me | Campaign Resources.
<https://www.seemescotland.org/resources/campaign-resources/>.

43.

Stangl, A. L. et al. The Health Stigma and Discrimination Framework: a global, crosscutting framework to inform research, intervention development, and policy on health-related stigmas. *BMC Medicine* **17**, (2019).

44.

Stigma. <http://scalar.usc.edu/works/bodies/stigma>.

45.

Hatch, M. J. & Schultz, M. Organizational identity: a reader. (Oxford University Press, 2004).

46.

Mental health in Scotland: Fundamental Facts | Mental Health Foundation.
<https://www.mentalhealth.org.uk/publications/mental-health-scotland-fundamental-facts>.

47.

The Scottish Government. Mental health strategy 2017-2027: first progress report. Our first progress report on the Mental Health Strategy 2017-2027. (2018).

48.

The Scottish Government. Mental Health Strategy 2017-2027. The Scottish Government's approach to mental health from 2017 to 2027 – a 10 year vision. (2017).

49.

General Health Questionnaire (GHQ).
<https://www.gi-assessment.co.uk/products/general-health-questionnaire-ghq/>.

50.

Anxiety disorders | Mind, the mental health charity - help for mental health problems.
<https://www.mind.org.uk/information-support/types-of-mental-health-problems/anxiety-and-panic-attacks/anxiety-disorders/#.XLXE9dh7nIU>.

51.

Burcusa, S. L. & Iacono, W. G. Risk for recurrence in depression. *Clinical Psychology Review* **27**, 959–985 (2007).

52.

Women and mental health | Mental Health Foundation.
<https://www.mentalhealth.org.uk/a-to-z/w/women-and-mental-health>.

53.

Beck, A. T. The Evolution of the Cognitive Model of Depression and Its Neurobiological Correlates. *American Journal of Psychiatry* **165**, 969–977 (2008).

54.

The Matrix (2015) A Guide to Delivering Evidence-Based Psychological Therapies in Scotland - Psychology - By discipline - Education and training - NES.
[https://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/the-matrix-\(2015\)-a-guide-to-delivering-evidence-based-psychological-therapies-in-scotland.aspx](https://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/the-matrix-(2015)-a-guide-to-delivering-evidence-based-psychological-therapies-in-scotland.aspx).

55.

Living Life to the Full | helping you help yourself. <https://lltff.com/>.

56.

1 Guidance | Depression in adults: recognition and management | Guidance | NICE.

57.

Hofmann, S. G., Asnaani, A., Vonk, I. J. J., Sawyer, A. T. & Fang, A. The Efficacy of Cognitive Behavioral Therapy: A Review of Meta-analyses. *Cognitive Therapy and Research* **36**, 427–440 (2012).

58.

Duarte R1, Lloyd A2, Kotas E1, Andronis L3,4, White R5. Are acceptance and mindfulness-based interventions 'value for money'? Evidence from a systematic literature

review. Br J Clin Psychol. (2019).

59.

Improving the physical health of people with serious mental illness: A quality improvement approach | NICE.

60.

Severe Mental Illness Research.

<https://www.dc.nihr.ac.uk/themed-reviews/severe-mental-illness-research.htm>.

61.

Bryan Charnley. <https://www.bryancharnley.info/>.

62.

Correll, C. U. et al. Prevalence, incidence and mortality from cardiovascular disease in patients with pooled and specific severe mental illness: a large-scale meta-analysis of 3,211,768 patients and 113,383,368 controls. World Psychiatry **16**, 163–180 (2017).

63.

Lyall, L. M., Penades, N. & Smith, D. J. Changes in prescribing for bipolar disorder between 2009 and 2016: national-level data linkage study in Scotland. The British Journal of Psychiatry 1–7 (2019) doi:10.1192/bjp.2019.16.

64.

Oliver Sacks: What hallucination reveals about our minds | TED Talk.

https://www.ted.com/talks/oliver_sacks_what_hallucination_reveals_about_our_minds?language=en.

65.

Topics | healthtalk.org.

<https://healthtalk.org/experiences/psychosis-young-people/first-experience-of-psychosis/#>:

~:text=Life%20at%20the%20time%20of%20the%20first%20experience%20of%20psychosis&text=People%20also%20described%20having%20very,before%20their%20experience%20of%20psychosis.

66.

Davis, J. et al. A review of vulnerability and risks for schizophrenia: Beyond the two hit hypothesis. *Neuroscience & Biobehavioral Reviews* **65**, 185–194 (2016).

67.

Pavlo, A. J., Flanagan, E. H., Leitner, L. M. & Davidson, L. Can There Be a Recovery-Oriented Diagnostic Practice? *Journal of Humanistic Psychology* **59**, 319–338 (2019).

68.

Zalzala, A. B., Gagen, E. C. & Lysaker, P. H. Recovery and Personhood in the Diagnostic Formulation and Treatment of Serious Mental Illness: A Commentary. *Journal of Humanistic Psychology* **59**, 356–367 (2019).

69.

Slade, M. et al. Uses and abuses of recovery: implementing recovery-oriented practices in mental health systems. *World Psychiatry* **13**, 12–20 (2014).

70.

Lyall, L. M., Penades, N. & Smith, D. J. Changes in prescribing for bipolar disorder between 2009 and 2016: national-level data linkage study in Scotland. *The British Journal of Psychiatry* 1–7 (2019) doi:10.1192/bjp.2019.16.

71.

Davis, J. et al. A review of vulnerability and risks for schizophrenia: Beyond the two hit hypothesis. *Neuroscience & Biobehavioral Reviews* **65**, 185–194 (2016).

72.

Read, J. & Bentall, R. P. Negative childhood experiences and mental health: theoretical, clinical and primary prevention implications. *British Journal of Psychiatry* **200**, 89–91 (2012).

73.

Sundquist, K., Frank, G. & Sundquist, J. Urbanisation and incidence of psychosis and depression. *British Journal of Psychiatry* **184**, 293–298 (2004).

74.

Getting mental illness right in gaming – the polyphony.
<https://thepolyphony.org/2018/11/30/getting-mental-illness-right-in-gaming/>.

75.

A fantasy based in reality: Hellblade.
<https://www.rcpsych.ac.uk/news-and-features/blogs/detail/cultural-blog/2017/06/23/a-fantasy-based-in-reality-how-service-user-and-specialist-input-informed-the-portrayal-of-psychosis-in-hellblade>.

76.

Hellblade includes a 25-minute documentary about Ninja Theory's mental health research | PCGamesN.
<https://www.pcgamesn.com/hellblade-senuas-sacrifice/hellblade-documentary>.

77.

Stanford researcher: Hallucinatory 'voices' shaped by local culture.
<https://news.stanford.edu/2014/07/16/voices-culture-luhrmann-071614/>.

78.

Luhrmann, T. M., Padmavati, R., Tharoor, H. & Osei, A. Differences in voice-hearing experiences of people with psychosis in the USA, India and Ghana: Interview-based study. *British Journal of Psychiatry* **206**, 41–44 (2015).

79.

Hearing Voices Network: Welcome. <https://www.hearing-voices.org/>.

80.

Eleanor Longden: The voices in my head | TED Talk.
https://www.ted.com/talks/eleanor_longden_the_voices_in_my_head?language=en.

81.

Voice Dialogue | Voice Dialogue UK | Home. <http://www.voicedialogue.org.uk/home>.

82.

Woods, A. On shame and voice-hearing. *Medical Humanities* **43**, 251–256 (2017).

83.

Auditory Hallucination Simulation | The Macmillan Community.
<https://community.macmillan.com/community/the-psychology-community/blog/2016/05/09/auditory-hallucination-simulation>.

84.

Ando, S., Clement, S., Barley, E. A. & Thornicroft, G. The simulation of hallucinations to reduce the stigma of schizophrenia: A systematic review. *Schizophrenia Research* **133**, 8–16 (2011).

85.

Lawson, R. A., Collerton, D., Taylor, J.-P., Burn, D. J. & Brittain, K. R. Coping with Cognitive Impairment in People with Parkinson's Disease and Their Carers: A Qualitative Study. *Parkinson's Disease* **2018**, 1–10 (2018).

86.

The Parkinson's Drug Trial: A Miracle Cure?

87.

The Woman Who Can Smell Parkinson's.

88.

People Dancing - Foundation for Community Dance :: Dance for people living with Parkinson's.

<https://www.communitydance.org.uk/creative-programmes/dance-for-parkinsons>.

89.

Creative and therapeutic activities | Parkinson's UK.

<https://www.parkinsons.org.uk/information-and-support/creative-and-therapeutic-activities>.

90.

Aguiar, L. P. C., da Rocha, P. A. & Morris, M. Therapeutic Dancing for Parkinson's Disease. *International Journal of Gerontology* **10**, 64–70 (2016).

91.

Rachel Pugh. Parkinson's disease and dance: 'It keeps me alive'. *Guardian* (2018).

92.

Melzack, R. The puzzle of pain. (Penguin Education, 1973).

93.

Patrick Wall, 76, British Authority on Pain - The New York Times.

<https://advance.lexis.com/api/permalink/fe11cb3f-8815-46f0-b553-1c1f4e37b808/?context=1519360&federationidp=8K7S4M60073>.

94.

Bartley, E. J. & Fillingim, R. B. Sex differences in pain: a brief review of clinical and experimental findings. *British Journal of Anaesthesia* **111**, 52–58 (2013).

95.

Main, C. J. ABC of psychological medicine: Musculoskeletal pain. *BMJ* **325**, 534–537 (2002).

96.

Day, M. A. The Application of Mindfulness-Based Cognitive Therapy for Chronic Pain. in *Mindfulness-Based Cognitive Therapy* (ed. Eisendrath, S. J.) 65–74 (Springer International Publishing, 2016). doi:10.1007/978-3-319-29866-5_6.

97.

Goldberg, D. S. & McGee, S. J. Pain as a global public health priority. *BMC Public Health* **11**, (2011).

98.

A family in Italy doesn't feel pain because of a gene mutation | New Scientist.
<https://www.newscientist.com/article/2156332-a-family-in-italy-doesnt-feel-pain-because-of-a-gene-mutation/>.

99.

The Family That Feels Almost No Pain | Science | Smithsonian.
<https://www.smithsonianmag.com/science-nature/family-feels-almost-no-pain-180971915/>.

100.

Chronic pain.
http://www.healthcareimprovementscotland.org/our_work/long_term_conditions/chronic_pain_services.aspx.

101.

Chronic Pain as a Disease in its Own Right.

102.

van Hecke, O., Torrance, N. & Smith, B. H. Chronic pain epidemiology and its clinical relevance. *British Journal of Anaesthesia* **111**, 13–18 (2013).

103.

Horizon: The Secret World of Pain.

104.

How Death Imitates Life: Cultural Influences on Conceptions of Death and Dying.
<https://scholarworks.gvsu.edu/cgi/viewcontent.cgi?article=1120&context=orpc>.

105.

Addressing Cultural Issues in Grief Counseling With Immigrants: The Case of a Bereaved Filipino Family Following Homicide.

106.

Oh, P. J., Shin, S. R., Ahn, H. S. & Kim, H. J. Meta-analysis of psychosocial interventions on survival time in patients with cancer. *Psychology & Health* **31**, 396–419 (2016).

107.

Towards Better Research on Stress and Coping.

108.

McCabe, R., Garside, R., Backhouse, A. & Xanthopoulou, P. Effectiveness of brief psychological interventions for suicidal presentations: a systematic review. *BMC Psychiatry* **18**, (2018).

109.

Allison Webel. How HIV became a treatable, chronic disease. The Conversation.

110.

Deeks, S. G., Lewin, S. R. & Havlir, D. V. The end of AIDS: HIV infection as a chronic disease. The Lancet **382**, 1525–1533 (2013).

111.

Hamilton, I. J. Understanding grief and bereavement. British Journal of General Practice **66**, 523–523 (2016).

112.

The Future of Clinical Psychology | Psychology Today.

<https://www.psychologytoday.com/us/blog/how-do-life/201601/the-future-clinical-psychology>.

113.

Castelnuovo, G. New and Old Adventures of Clinical Health Psychology in the Twenty-First Century: Standing on the Shoulders of Giants. Frontiers in Psychology **8**, (2017).

114.

Taking our discipline and profession into the future | BPS.

<https://www.bps.org.uk/blogs/presidential-blog/taking-our-discipline-and-profession-future>.

115.

Hunter, P. The communications gap between scientists and public. EMBO reports **17**, 1513–1515 (2016).

116.

Planning your public engagement | Wellcome.

<https://wellcome.ac.uk/funding/guidance/planning-your-public-engagement>.

117.

Baram-Tsabari, A. & Lewenstein, B. V. An Instrument for Assessing Scientists' Written Skills in Public Communication of Science. *Science Communication* **35**, 56–85 (2013).

118.

Rakedzon, T., Segev, E., Chapnik, N., Yosef, R. & Baram-Tsabari, A. Automatic jargon identifier for scientists engaging with the public and science communication educators. *PLOS ONE* **12**, (2017).

119.

Natalie Gunn: The mind-body problem of scientific discovery | TED Talk.

https://www.ted.com/talks/natalie_gunn_the_mind_body_problem_of_scientific_discovery.

120.

Beyond the Asylum on Vimeo.