## Clinical Health Psychology BOLD



1.

British Psychological Society, Askews & Holts Library Services: Clinical psychology in practice. BPS Blackwell, Chichester, West Sussex (2009).

2.

Ogden, J.: Health psychology: a textbook. Open University Press, McGraw Hill, Maidenhead (2023).

3.

Ogden, J. ed: Essential readings in health psychology. Open University Press, Maidenhead, Berkshire (2008).

4.

Publications | BPS, https://www.bps.org.uk/publications.

5.

The Psychology Community | The Macmillan Community, https://community.macmillan.com/community/the-psychology-community/content?filterID =contentstatus%5Bpublished%5D~objecttype~objecttype%5Bblogpost%5D.

6.

Shane J Mc Inerney: Introducing the Biopsychosocial Model for good medicine and good doctors.

Engel, G.: The need for a new medical model: a challenge for biomedicine. Science. 196, 129–136 (1977). https://doi.org/10.1126/science.847460.

8.

Ecological System Theory (Bronfenbrenner, 1994) | Psych Pics, https://psychpics.com/2015/12/16/eco-system-theory/.

9.

Ecological Models of Human Development.pdf, http://edfa2402resources.yolasite.com/resources/Ecological%20Models%20of%20Human% 20Development.pdf.

10.

Elliot, D.L., Reid, K., Baumfield, V.: Beyond the amusement, puzzlement and challenges: an enquiry into international students' academic acculturation. Studies in Higher Education. 41, 2198–2217 (2016). https://doi.org/10.1080/03075079.2015.1029903.

11.

Attitudes\_Infographic\_update5 - Attitudes\_Infographic\_update5.pdf, https://www.time-to-change.org.uk/sites/default/files/Attitudes\_Infographic\_update5.pdf.

12.

Nelson Chong: You really can die of a broken heart - here's the science. The Conversation.

13.

Haaga DA1.: Introduction to the special section on stepped care models in psychotherapy. J Consult Clin Psychol. (2000).

NHSGGC: Local Delivery Plan,

https://www.nhsggc.org.uk/about-us/nhsggc-board/finances-publications-reports/local-delivery-plan/.

15.

Murray, M.: The pre-history of health psychology in the United Kingdom: From natural science and psychoanalysis to social science, social cognition and beyond. Journal of Health Psychology. 23, 472–491 (2018). https://doi.org/10.1177/1359105317705879.

16.

Layout 1 - 2013\_health\_guide\_employers.pdf, https://www1.bps.org.uk/system/files/user-files/Division%20of%20Health%20Psychology/public/2013\_health\_guide\_employers.pdf.

17.

DCP What is clin psy.pdf,

https://www1.bps.org.uk/system/files/user-files/Division%20of%20Clinical%20Psychology/public/DCP%20What%20is%20clin%20psy.pdf.

18.

Does the future belong to the scientist practitioner? | The Psychologist, https://thepsychologist.bps.org.uk/volume-14/edition-2/does-future-belong-scientist-practitioner-0.

19.

Guidry, J.P.D., Carlyle, K.E., LaRose, J.G., Perrin, P., Messner, M., Ryan, M.: Using the Health Belief Model to Analyze Instagram Posts about Zika for Public Health Communications. Emerging Infectious Diseases. 25, 179–180 (2019). https://doi.org/10.3201/eid2501.180824.

Tseng, Y.-F., Wang, K.-L., Lin, C.-Y., Lin, Y.-T., Pan, H.-C., Chang, C.-J.: Predictors of smoking cessation in Taiwan: using the theory of planned behavior. Psychology, Health & Medicine. 23, 270–276 (2018). https://doi.org/10.1080/13548506.2017.1378820.

21.

Bond, L., Nolan, T.: Making sense of perceptions of risk of diseases and vaccinations: a qualitative study combining models of health beliefs, decision-making and risk perception. BMC Public Health. 11, (2011). https://doi.org/10.1186/1471-2458-11-943.

22.

McGeechan, G.J., Richardson, C., Wilson, L., O'Neill, G., Newbury-Birch, D.: Exploring men's perceptions of a community-based men's shed programme in England. Journal of Public Health. 39, e251–e256 (2017). https://doi.org/10.1093/pubmed/fdw116.

23.

Kelly, M.P., Barker, M.: Why is changing health-related behaviour so difficult? Public Health. 136, 109–116 (2016). https://doi.org/10.1016/j.puhe.2016.03.030.

24.

GBD 2017: a fragile world. The Lancet. 392, (2018). https://doi.org/10.1016/S0140-6736(18)32858-7.

25.

Noncommunicable diseases,

https://www.who.int/news-room/fact-sheets/detail/noncommunicable-diseases.

26.

Vigo D1, Thornicroft G2, Atun R3.: Estimating the true global burden of mental illness. Lancet Psychiatry. (2016). https://doi.org/10.1016/S2215-0366(15)00505-2.

Mental health in Scotland: Fundamental Facts | Mental Health Foundation, https://www.mentalhealth.org.uk/publications/mental-health-scotland-fundamental-facts.

28.

Healthy communities | Glasgow Centre for Population Health, https://www.gcph.co.uk/healthy communities.

29.

List of Scottish Index of Multiple Deprivation Indicators: Easy to read, https://glasgow.rl.talis.com/ui/forms/bookmarklet.html?fast=true&title=00510862.pdf&uri=https%253A%252F%252Fwww2.gov.scot%252FResource%252F0051%252F00510862.pd f.

30.

TEDx Talks: (38) What causes wellness | Sir Harry Burns | TEDxGlasgow - YouTube, https://www.youtube.com/watch?v=yEh3JG74C6s, (2014).

31.

Peter Hetherington: Harry Burns: 'We need compassion, not judgments about poor people' | Peter Hetherington. Guardian. (2014).

32.

SIMD (Scottish Index of Multiple Deprivation) 2016, http://simd.scot/2016/#/simd2016/BTTTFTT/9/-4.0000/55.9000/.

33.

Getting a diagnosis of a mental health problem | Topics, Mental health: ethnic minority experiences, Mental health, People's Experiences | healthtalk.org, http://www.healthtalk.org/peoples-experiences/mental-health/mental-health-ethnic-minority-experiences/getting-diagnosis-mental-health-problem.

BBC Radio 4 - Mind Changers, The Pseudo-Patient Study, https://www.bbc.co.uk/programmes/b00lny48.

35.

Textbook fail: Rosenhan's classic "On Being Sane In Insane Places" covered without criticism – Research Digest,

https://digest.bps.org.uk/2017/02/20/textbook-fail-rosenhans-classic-on-being-sane-in-insane-places-covered-without-criticism/.

36.

Rosenhan, D.L.: On Being Sane in Insane Places. Science. 179, 250–258 (1973). https://doi.org/10.1126/science.179.4070.250.

37.

Johnstone, L.: Psychological Formulation as an Alternative to Psychiatric Diagnosis. Journal of Humanistic Psychology. 58, 30–46 (2018). https://doi.org/10.1177/0022167817722230.

38.

Diagnosis, http://broughttolife.sciencemuseum.org.uk/broughttolife/themes/diagnosis.

39.

Wakefield JC1,2.: Diagnostic Issues and Controversies in DSM-5: Return of the False Positives Problem. Annu Rev Clin Psychol. (2016).

40.

Mr Bodin: (39) Rosenhan- Being Sane In Insane Places - YouTube, https://www.youtube.com/watch?v=D8OxdGV 7lo, (2015).

Glasgow Centre for Population Health, https://www.gcph.co.uk/.

42.

See Me | Campaign Resources, https://www.seemescotland.org/resources/campaign-resources/.

43.

Stangl, A.L., Earnshaw, V.A., Logie, C.H., van Brakel, W., C. Simbayi, L., Barré, I., Dovidio, J.F.: The Health Stigma and Discrimination Framework: a global, crosscutting framework to inform research, intervention development, and policy on health-related stigmas. BMC Medicine. 17, (2019). https://doi.org/10.1186/s12916-019-1271-3.

44.

Stigma, http://scalar.usc.edu/works/bodies/stigma.

45.

Hatch, M.J., Schultz, M.: Organizational identity: a reader. Oxford University Press, Oxford (2004).

46.

Mental health in Scotland: Fundamental Facts | Mental Health Foundation, https://www.mentalhealth.org.uk/publications/mental-health-scotland-fundamental-facts.

47.

The Scottish Government: Mental health strategy 2017-2027: first progress report. Our first progress report on the Mental Health Strategy 2017-2027., https://www.gov.scot/publications/mental-health-strategy-2017-2027-1st-progress-report/, (2018).

The Scottish Government: Mental Health Strategy 2017-2027. The Scottish Government's approach to mental health from 2017 to 2027 – a 10 year vision., https://www.gov.scot/publications/mental-health-strategy-2017-2027/, (2017).

49.

General Health Questionnaire (GHQ), https://www.gl-assessment.co.uk/products/general-health-questionnaire-ghq/.

50.

Anxiety disorders | Mind, the mental health charity - help for mental health problems, https://www.mind.org.uk/information-support/types-of-mental-health-problems/anxiety-and-panic-attacks/anxiety-disorders/#.XLXE9dh7nIU.

51.

Burcusa, S.L., Iacono, W.G.: Risk for recurrence in depression. Clinical Psychology Review. 27, 959–985 (2007). https://doi.org/10.1016/j.cpr.2007.02.005.

52.

Women and mental health | Mental Health Foundation, https://www.mentalhealth.org.uk/a-to-z/w/women-and-mental-health.

53.

Beck, A.T.: The Evolution of the Cognitive Model of Depression and Its Neurobiological Correlates. American Journal of Psychiatry. 165, 969–977 (2008). https://doi.org/10.1176/appi.ajp.2008.08050721.

54.

The Matrix (2015) A Guide to Delivering Evidence-Based Psychological Therapies in Scotland - Psychology - By discipline - Education and training - NES, https://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/the-matrix-(2015)-a-guide-to-delivering-evidence-based-psychological-therapies-in-scotland.aspx.

Living Life to the Full | helping you help yourself, https://llttf.com/.

56.

1 Guidance | Depression in adults: recognition and management | Guidance | NICE.

57.

Hofmann, S.G., Asnaani, A., Vonk, I.J.J., Sawyer, A.T., Fang, A.: The Efficacy of Cognitive Behavioral Therapy: A Review of Meta-analyses. Cognitive Therapy and Research. 36, 427–440 (2012). https://doi.org/10.1007/s10608-012-9476-1.

58.

Duarte R1, Lloyd A2, Kotas E1, Andronis L3,4, White R5.: Are acceptance and mindfulness-based interventions 'value for money'? Evidence from a systematic literature review. Br J Clin Psychol. (2019).

59.

Improving the physical health of people with serious mental illness: A quality improvement approach | NICE.

60.

Severe Mental Illness Research, https://www.dc.nihr.ac.uk/themed-reviews/severe-mental-illness-research.htm.

61.

Bryan Charnley, https://www.bryancharnley.info/.

62.

Correll, C.U., Solmi, M., Veronese, N., Bortolato, B., Rosson, S., Santonastaso, P., Thapa-Chhetri, N., Fornaro, M., Gallicchio, D., Collantoni, E., Pigato, G., Favaro, A., Monaco,

F., Kohler, C., Vancampfort, D., Ward, P.B., Gaughran, F., Carvalho, A.F., Stubbs, B.: Prevalence, incidence and mortality from cardiovascular disease in patients with pooled and specific severe mental illness: a large-scale meta-analysis of 3,211,768 patients and 113,383,368 controls. World Psychiatry. 16, 163–180 (2017). https://doi.org/10.1002/wps.20420.

63.

Lyall, L.M., Penades, N., Smith, D.J.: Changes in prescribing for bipolar disorder between 2009 and 2016: national-level data linkage study in Scotland. The British Journal of Psychiatry. 1–7 (2019). https://doi.org/10.1192/bjp.2019.16.

64.

Oliver Sacks: What hallucination reveals about our minds | TED Talk, https://www.ted.com/talks/oliver\_sacks\_what\_hallucination\_reveals\_about\_our\_minds?language=en.

65.

Topics | healthtalk.org,

https://healthtalk.org/experiences/psychosis-young-people/first-experience-of-psychosis/#:  $\sim$ :text=Life%20at%20the%20time%20of%20the%20first%20experience%20of%20psychosis&text=People%20also%20described%20having%20very,before%20their%20experience%20of%20psychosis.

66.

Davis, J., Eyre, H., Jacka, F.N., Dodd, S., Dean, O., McEwen, S., Debnath, M., McGrath, J., Maes, M., Amminger, P., McGorry, P.D., Pantelis, C., Berk, M.: A review of vulnerability and risks for schizophrenia: Beyond the two hit hypothesis. Neuroscience & Biobehavioral Reviews. 65, 185–194 (2016). https://doi.org/10.1016/j.neubiorev.2016.03.017.

67.

Pavlo, A.J., Flanagan, E.H., Leitner, L.M., Davidson, L.: Can There Be a Recovery-Oriented Diagnostic Practice? Journal of Humanistic Psychology. 59, 319–338 (2019). https://doi.org/10.1177/0022167818787609.

Zalzala, A.B., Gagen, E.C., Lysaker, P.H.: Recovery and Personhood in the Diagnostic Formulation and Treatment of Serious Mental Illness: A Commentary. Journal of Humanistic Psychology. 59, 356–367 (2019). https://doi.org/10.1177/0022167818788758.

69.

Slade, M., Amering, M., Farkas, M., Hamilton, B., O'Hagan, M., Panther, G., Perkins, R., Shepherd, G., Tse, S., Whitley, R.: Uses and abuses of recovery: implementing recovery-oriented practices in mental health systems. World Psychiatry. 13, 12–20 (2014). https://doi.org/10.1002/wps.20084.

70.

Lyall, L.M., Penades, N., Smith, D.J.: Changes in prescribing for bipolar disorder between 2009 and 2016: national-level data linkage study in Scotland. The British Journal of Psychiatry. 1–7 (2019). https://doi.org/10.1192/bjp.2019.16.

71.

Davis, J., Eyre, H., Jacka, F.N., Dodd, S., Dean, O., McEwen, S., Debnath, M., McGrath, J., Maes, M., Amminger, P., McGorry, P.D., Pantelis, C., Berk, M.: A review of vulnerability and risks for schizophrenia: Beyond the two hit hypothesis. Neuroscience & Biobehavioral Reviews. 65, 185–194 (2016). https://doi.org/10.1016/j.neubiorev.2016.03.017.

72.

Read, J., Bentall, R.P.: Negative childhood experiences and mental health: theoretical, clinical and primary prevention implications. British Journal of Psychiatry. 200, 89–91 (2012). https://doi.org/10.1192/bjp.bp.111.096727.

73.

Sundquist, K., Frank, G., Sundquist, J.: Urbanisation and incidence of psychosis and depression. British Journal of Psychiatry. 184, 293–298 (2004). https://doi.org/10.1192/bjp.184.4.293.

74.

Getting mental illness right in gaming – the polyphony, https://thepolyphony.org/2018/11/30/getting-mental-illness-right-in-gaming/.

A fantasy based in reality: Hellblade,

https://www.rcpsych.ac.uk/news-and-features/blogs/detail/cultural-blog/2017/06/23/a-fanta sy-based-in-reality-how-service-user-and-specialist-input-informed-the-portrayal-of-psycho sis-in-hellblade.

76.

Hellblade includes a 25-minute documentary about Ninja Theory's mental health research | PCGamesN,

https://www.pcgamesn.com/hellblade-senuas-sacrifice/hellblade-documentary.

77.

Stanford researcher: Hallucinatory 'voices' shaped by local culture, https://news.stanford.edu/2014/07/16/voices-culture-luhrmann-071614/.

78.

Luhrmann, T.M., Padmavati, R., Tharoor, H., Osei, A.: Differences in voice-hearing experiences of people with psychosis in the USA, India and Ghana: Interview-based study. British Journal of Psychiatry. 206, 41–44 (2015). https://doi.org/10.1192/bjp.bp.113.139048.

79.

Hearing Voices Network: Welcome, https://www.hearing-voices.org/.

80.

Eleanor Longden: The voices in my head | TED Talk, https://www.ted.com/talks/eleanor longden the voices in my head?language=en.

81.

Voice Dialogue | Voice Dialogue UK | Home, http://www.voicedialogue.org.uk/home.

Woods, A.: On shame and voice-hearing. Medical Humanities. 43, 251–256 (2017). https://doi.org/10.1136/medhum-2016-011167.

83.

Auditory Hallucination Simulation | The Macmillan Community, https://community.macmillan.com/community/the-psychology-community/blog/2016/05/09 /auditory-hallucination-simulation.

84.

Ando, S., Clement, S., Barley, E.A., Thornicroft, G.: The simulation of hallucinations to reduce the stigma of schizophrenia: A systematic review. Schizophrenia Research. 133, 8–16 (2011). https://doi.org/10.1016/j.schres.2011.09.011.

85.

Lawson, R.A., Collerton, D., Taylor, J.-P., Burn, D.J., Brittain, K.R.: Coping with Cognitive Impairment in People with Parkinson's Disease and Their Carers: A Qualitative Study. Parkinson's Disease. 2018, 1–10 (2018). https://doi.org/10.1155/2018/1362053.

86.

The Parkinson's Drug Trial: A Miracle Cure?, https://learningonscreen.ac.uk/ondemand/index.php/prog/12FE7457?bcast=128952199.

87.

The Woman Who Can Smell Parkinson's, https://learningonscreen.ac.uk/ondemand/index.php/prog/1043DD4F?bcast=125921909.

88.

People Dancing - Foundation for Community Dance :: Dance for people living with

Parkinson's,

https://www.communitydance.org.uk/creative-programmes/dance-for-parkinsons.

89.

Creative and therapeutic activities | Parkinson's UK, https://www.parkinsons.org.uk/information-and-support/creative-and-therapeutic-activities.

90.

Aguiar, L.P.C., da Rocha, P.A., Morris, M.: Therapeutic Dancing for Parkinson's Disease. International Journal of Gerontology. 10, 64–70 (2016). https://doi.org/10.1016/j.ijge.2016.02.002.

91.

Rachel Pugh: Parkinson's disease and dance: 'It keeps me alive'. Guardian. (2018).

92.

Melzack, R.: The puzzle of pain. Penguin Education, Harmondsworth (Harmondsworth, Middx) (1973).

93.

Patrick Wall, 76, British Authority on Pain - The New York Times, https://advance.lexis.com/api/permalink/fe11cb3f-8815-46f0-b553-1c1f4e37b808/?context =1519360&federationidp=8K7S4M60073.

94.

Bartley, E.J., Fillingim, R.B.: Sex differences in pain: a brief review of clinical and experimental findings. British Journal of Anaesthesia. 111, 52–58 (2013). https://doi.org/10.1093/bja/aet127.

Main, C.J.: ABC of psychological medicine: Musculoskeletal pain. BMJ. 325, 534–537 (2002). https://doi.org/10.1136/bmj.325.7363.534.

96.

Day, M.A.: The Application of Mindfulness-Based Cognitive Therapy for Chronic Pain. In: Eisendrath, S.J. (ed.) Mindfulness-Based Cognitive Therapy. pp. 65–74. Springer International Publishing, Cham (2016). https://doi.org/10.1007/978-3-319-29866-5\_6.

97.

Goldberg, D.S., McGee, S.J.: Pain as a global public health priority. BMC Public Health. 11, (2011). https://doi.org/10.1186/1471-2458-11-770.

98.

A family in Italy doesn't feel pain because of a gene mutation | New Scientist, https://www.newscientist.com/article/2156332-a-family-in-italy-doesnt-feel-pain-because-o f-a-gene-mutation/.

99.

The Family That Feels Almost No Pain | Science | Smithsonian, https://www.smithsonianmag.com/science-nature/family-feels-almost-no-pain-180971915/.

100.

Chronic pain,

http://www.healthcareimprovementscotland.org/our\_work/long\_term\_conditions/chronic\_pa in services.aspx.

101.

Chronic Pain as a Disease in its Own Right.

van Hecke, O., Torrance, N., Smith, B.H.: Chronic pain epidemiology and its clinical relevance. British Journal of Anaesthesia. 111, 13–18 (2013). https://doi.org/10.1093/bja/aet123.

103.

Horizon: The Secret World of Pain,

https://login.learningonscreen.ac.uk/wayfless.php?entityID=https%3A%2F%2Fidp.gla.ac.uk%2Fshibboleth&target=https%3A%2F%2Flearningonscreen.ac.uk%2Fondemand%2Findex.php%2Fprog%2F019D9797%3Fbcast%3D59790676.

104.

How Death Imitates Life: Cultural Influences on Conceptions of Death and Dying, https://scholarworks.gvsu.edu/cgi/viewcontent.cgi?article=1120&context=orpc.

105.

Addressing Cultural Issues in Grief Counseling With Immigrants: The Case of a Bereaved Filipino Family Following Homicide.

106.

Oh, P.J., Shin, S.R., Ahn, H.S., Kim, H.J.: Meta-analysis of psychosocial interventions on survival time in patients with cancer. Psychology & Health. 31, 396–419 (2016). https://doi.org/10.1080/08870446.2015.1111370.

107.

Towards Better Research on Stress and Coping.

108.

McCabe, R., Garside, R., Backhouse, A., Xanthopoulou, P.: Effectiveness of brief psychological interventions for suicidal presentations: a systematic review. BMC Psychiatry. 18, (2018). https://doi.org/10.1186/s12888-018-1663-5.

Allison Webel: How HIV became a treatable, chronic disease. The Conversation.

110.

Deeks, S.G., Lewin, S.R., Havlir, D.V.: The end of AIDS: HIV infection as a chronic disease. The Lancet. 382, 1525–1533 (2013). https://doi.org/10.1016/S0140-6736(13)61809-7.

111.

Hamilton, I.J.: Understanding grief and bereavement. British Journal of General Practice. 66, 523–523 (2016). https://doi.org/10.3399/bjgp16X687325.

112.

The Future of Clinical Psychology | Psychology Today, https://www.psychologytoday.com/us/blog/how-do-life/201601/the-future-clinical-psychology.

113.

Castelnuovo, G.: New and Old Adventures of Clinical Health Psychology in the Twenty-First Century: Standing on the Shoulders of Giants. Frontiers in Psychology. 8, (2017). https://doi.org/10.3389/fpsyg.2017.01214.

114.

Taking our discipline and profession into the future | BPS, https://www.bps.org.uk/blogs/presidential-blog/taking-our-discipline-and-profession-future.

115.

Hunter, P.: The communications gap between scientists and public. EMBO reports. 17, 1513–1515 (2016). https://doi.org/10.15252/embr.201643379.

116.

Planning your public engagement | Wellcome,

https://wellcome.ac.uk/funding/guidance/planning-your-public-engagement.

117.

Baram-Tsabari, A., Lewenstein, B.V.: An Instrument for Assessing Scientists' Written Skills in Public Communication of Science. Science Communication. 35, 56–85 (2013). https://doi.org/10.1177/1075547012440634.

118.

Rakedzon, T., Segev, E., Chapnik, N., Yosef, R., Baram-Tsabari, A.: Automatic jargon identifier for scientists engaging with the public and science communication educators. PLOS ONE. 12, (2017). https://doi.org/10.1371/journal.pone.0181742.

119.

Natalie Gunn: The mind-body problem of scientific discovery | TED Talk, https://www.ted.com/talks/natalie gunn the mind body problem of scientific discovery.

120.

Beyond the Asylum on Vimeo, https://vimeo.com/276267542.