

Sport & Exercise Medicine in Practice

MED5361

View Online



@article{Anderson_2008, title={Contractual obligations and the sharing of confidential health information in sport}, volume={34}, DOI={10.1136/jme.2008.024794}, number={9}, journal={Journal of Medical Ethics}, author={Anderson, L}, year={2008}, month={Sep}, pages={e6-e6} }

@article{Angeli_Minetto_Dovio_Paccotti_2004, title={The overtraining syndrome in athletes: A stress-related disorder}, volume={27}, DOI={10.1007/BF03347487}, number={6}, journal={Journal of Endocrinological Investigation}, author={Angeli, A. and Minetto, M. and Dovio, A. and Paccotti, P.}, year={2004}, month={Jun}, pages={603-612} }

@article{Armstrong_2006, title={Nutritional strategies for football: Counteracting heat, cold, high altitude, and jet lag}, volume={24}, DOI={10.1080/02640410500482891}, number={7}, journal={Journal of Sports Sciences}, author={Armstrong, Lawrence E.}, year={2006}, month={Jul}, pages={723-740} }

@article{Armstrong_VanHeest_2002, title={The Unknown Mechanism of the Overtraining Syndrome}, volume={32}, DOI={10.2165/00007256-200232030-00003}, number={3}, journal={Sports Medicine}, author={Armstrong, Lawrence E. and VanHeest, Jaci L.}, year={2002}, pages={185-209} }

@article{Asif_Annett_Ewing_Abdelfattah_Sutphin_Conley_Rothmier_Harmon_Drezner_2017, title={Psychological impact of electrocardiogram screening in National Collegiate Athletic Association athletes}, volume={51}, DOI={10.1136/bjsports-2017-097909}, number={20}, journal={British Journal of Sports Medicine}, author={Asif, Irfan M and Annett, Scott and Ewing, Joseph A and Abdelfattah, Ramy and Sutphin, Brittan and Conley, Kyle and Rothmier, Justin and Harmon, Kimberly G and Drezner, Jonathan A}, year={2017}, month={Oct}, pages={1489-1492} }

@article{Asif_Johnson_Schmieg_Smith_Rao_Harmon_Salerno_Drezner_2014, title={The psychological impact of cardiovascular screening: the athlete's perspective}, volume={48}, DOI={10.1136/bjsports-2014-093500}, number={15}, journal={British Journal of Sports Medicine}, author={Asif, Irfan M and Johnson, Serena and Schmieg, Jason and Smith, Tiffany and Rao, Ashwin L and Harmon, Kimberly G and Salerno, Jack C and Drezner, Jonathan A}, year={2014}, month={Aug}, pages={1162-1166} }

@article{Asif_Price_Ewing_Rao_Harmon_Drezner_2016, title={The impact of diagnosis: measuring the psychological response to being diagnosed with serious or potentially lethal cardiac disease in young competitive athletes}, volume={50}, DOI={10.1136/bjsports-2015-095560}, number={3}, journal={British Journal of Sports

Medicine}, author={Asif, Irfan M and Price, David E and Ewing, Alex and Rao, Ashwin L and Harmon, Kimberly G and Drezner, Jonathan A}, year={2016}, month={Feb}, pages={163-166} }

@article{Baume_Jan_Emery_Mandanis_Schweizer_Giraud_Leuenberger_Marclay_Nicoli_Perr enoud_et al._2015, title={Antidoping programme and biological monitoring before and during the 2014 FIFA World Cup Brazil}, volume={49}, DOI={10.1136/bjsports-2015-094762}, number={9}, journal={British Journal of Sports Medicine}, author={Baume, Norbert and Jan, Nicolas and Emery, Caroline and Mandanis, Béatrice and Schweizer, Carine and Giraud, Sylvain and Leuenberger, Nicolas and Marclay, François and Nicoli, Raul and Perrenoud, Laurent and Robinson, Neil and Dvorak, Jiri and Saugy, Martial}, year={2015}, month={May}, pages={614-622} }

@article{Bennett_Maynard_2017, title={Performance blocks in sport: Recommendations for treatment and implications for sport psychology practitioners}, volume={8}, DOI={10.1080/21520704.2016.1227414}, number={1}, journal={Journal of Sport Psychology in Action}, author={Bennett, Jenn and Maynard, Ian}, year={2017}, month={Jan}, pages={60-68} }

@article{Bergeron_Bahr_Bärtsch_Bourdon_Calbet_Carlsen_Castagna_González-Alonso_Lun dby_Maughan_et al._2012, title={International Olympic Committee consensus statement on thermoregulatory and altitude challenges for high-level athletes}, volume={46}, DOI={10.1136/bjsports-2012-091296}, number={11}, journal={British Journal of Sports Medicine}, author={Bergeron, MF and Bahr, R and Bärtsch, P and Bourdon, L and Calbet, JAL and Carlsen, KH and Castagna, O and González-Alonso, J and Lundby, C and Maughan, RJ and Millet, G and Mountjoy, M and Racinais, S and Rasmussen, P and Subudhi, AW and Young, AJ and Soligard, T and Engebretsen, L}, year={2012}, month={Sep}, pages={770-779} }

@article{Bongers_Thijssen_Veltmeijer_Hopman_Eijsvogels_2015, title={Precooling and percooling (cooling during exercise) both improve performance in the heat: a meta-analytical review}, volume={49}, DOI={10.1136/bjsports-2013-092928}, number={6}, journal={British Journal of Sports Medicine}, author={Bongers, Coen C W G and Thijssen, Dick H J and Veltmeijer, Matthijs T W and Hopman, Maria T E and Eijsvogels, Thijs M H}, year={2015}, month={Mar}, pages={377-384} }

@article{Brown_Brugger_Boyd_Paal_2012, title={Accidental Hypothermia}, volume={367}, DOI={10.1056/NEJMra1114208}, number={20}, journal={New England Journal of Medicine}, author={Brown, Douglas J.A. and Brugger, Hermann and Boyd, Jeff and Paal, Peter}, year={2012}, month={Nov}, pages={1930-1938} }

@article{Budgett_Hiscock_Arida_Castell_2010, title={The effects of the 5-HT_{2C} agonist m-chlorophenylpiperazine on elite athletes with unexplained underperformance syndrome (overtraining)}, volume={44}, DOI={10.1136/bjism.2008.046425}, number={4}, journal={British Journal of Sports Medicine}, author={Budgett, R. and Hiscock, N. and Arida, R. and Castell, L. M.}, year={2010}, month={Mar}, pages={280-283} }

@article{Bull_Shambrook_James_Brooks_2005, title={Towards an Understanding of Mental Toughness in Elite English Cricketers}, volume={17}, DOI={10.1080/10413200591010085}, number={3}, journal={Journal of Applied Sport

Psychology}, author={Bull, Stephen J. and Shambrook, Christopher J. and James, Wil and Brooks, Jocelyne E.}, year={2005}, month={Sep}, pages={209-227} }

@article{Cadegiani_Kater_2017a, title={Hormonal aspects of overtraining syndrome: a systematic review}, volume={9}, DOI={10.1186/s13102-017-0079-8}, number={1}, journal={BMC Sports Science, Medicine and Rehabilitation}, author={Cadegiani, Flavio A. and Kater, Claudio E.}, year={2017}, month={Dec} }

@article{Cadegiani_Kater_2017b, title={Hypothalamic-Pituitary-Adrenal (HPA) Axis Functioning in Overtraining Syndrome: Findings from Endocrine and Metabolic Responses on Overtraining Syndrome (EROS)—EROS-HPA Axis}, volume={3}, DOI={10.1186/s40798-017-0113-0}, number={1}, journal={Sports Medicine - Open}, author={Cadegiani, Flavio A. and Kater, Claudio E.}, year={2017}, month={Dec} }

@article{CANNELL_HOLLIS_SORENSEN_TAFT_ANDERSON_2009, title={Athletic Performance and Vitamin D}, volume={41}, DOI={10.1249/MSS.0b013e3181930c2b}, number={5}, journal={Medicine & Science in Sports & Exercise}, author={CANNELL, JOHN J. and HOLLIS, BRUCE W. and SORENSON, MARC B. and TAFT, TIMOTHY N. and ANDERSON, JOHN J. B.}, year={2009}, month={May}, pages={1102-1110} }

@article{Carlsen_2012, title={Sports in extreme conditions: The impact of exercise in cold temperatures on asthma and bronchial hyper-responsiveness in athletes}, volume={46}, DOI={10.1136/bjsports-2012-091292}, number={11}, journal={British Journal of Sports Medicine}, author={Carlsen, Kai-Håkon}, year={2012}, month={Sep}, pages={796-799} }

@article{Chapman_2013, title={The individual response to training and competition at altitude}, volume={47}, DOI={10.1136/bjsports-2013-092837}, number={Suppl 1}, journal={British Journal of Sports Medicine}, author={Chapman, Robert F}, year={2013}, month={Dec}, pages={i40-i44} }

@article{Chapman_Stickford_Levine_2010, title={Altitude training considerations for the winter sport athlete}, volume={95}, DOI={10.1113/expphysiol.2009.050377}, number={3}, journal={Experimental Physiology}, author={Chapman, Robert F. and Stickford, Jonathon L. and Levine, Benjamin D.}, year={2010}, month={Mar}, pages={411-421} }

@article{Close_Hamilton_Philp_Burke_Morton_2016, title={New strategies in sport nutrition to increase exercise performance}, volume={98}, DOI={10.1016/j.freeradbiomed.2016.01.016}, journal={Free Radical Biology and Medicine}, author={Close, G.L. and Hamilton, D.L. and Philp, A. and Burke, L.M. and Morton, J.P.}, year={2016}, month={Sep}, pages={144-158} }

@article{Connaughton_Wadey_Hanton_Jones_2008, title={The development and maintenance of mental toughness: Perceptions of elite performers}, volume={26}, DOI={10.1080/02640410701310958}, number={1}, journal={Journal of Sports Sciences}, author={Connaughton, Declan and Wadey, Ross and Hanton, Sheldon and Jones, Graham}, year={2008}, month={Jan}, pages={83-95} }

@article{Connor_Woolf_Mazanov_2013, title={Would they dope? Revisiting the Goldman dilemma}, volume={47}, DOI={10.1136/bjsports-2012-091826}, number={11}, journal={British Journal of Sports Medicine}, author={Connor, James and Woolf, Jules and

Mazanov, Jason}, year={2013}, month={Jul}, pages={697-700} }

@article{Corrado_Basso_Pavei_Michieli_Schiavon_Thiene_2006, title={Trends in Sudden Cardiovascular Death in Young Competitive Athletes After Implementation of a Preparticipation Screening Program}, volume={296}, DOI={10.1001/jama.296.13.1593}, number={13}, journal={JAMA}, author={Corrado, Domenico and Basso, Cristina and Pavei, Andrea and Michieli, Pierantonio and Schiavon, Maurizio and Thiene, Gaetano}, year={2006}, month={Oct} }

@article{Corrado_Basso_Rizzoli_Schiavon_Thiene_2003, title={Does sports activity enhance the risk of sudden death in adolescents and young adults?}, volume={42}, DOI={10.1016/j.jacc.2003.03.002}, number={11}, journal={Journal of the American College of Cardiology}, author={Corrado, Domenico and Basso, Cristina and Rizzoli, Giulio and Schiavon, Maurizio and Thiene, Gaetano}, year={2003}, month={Dec}, pages={1959-1963} }

@article{Dijkstra_Pollock_Chakraverty_Alonso_2014, title={Managing the health of the elite athlete: a new integrated performance health management and coaching model}, volume={48}, DOI={10.1136/bjsports-2013-093222}, number={7}, journal={British Journal of Sports Medicine}, author={Dijkstra, H Paul and Pollock, N and Chakraverty, R and Alonso, J M}, year={2014}, month={Apr}, pages={523-531} }

@article{Donnelly_McCormick_Maughan_Whiting_Clarkson_1988, title={Effects of a non-steroidal anti-inflammatory drug on delayed onset muscle soreness and indices of damage.}, volume={22}, DOI={10.1136/bjism.22.1.35}, number={1}, journal={British Journal of Sports Medicine}, author={Donnelly, A E and McCormick, K and Maughan, R J and Whiting, P H and Clarkson, P M}, year={1988}, month={Mar}, pages={35-38} }

@article{Drezner_Ackerman_Cannon_Corrado_Heidbuchel_Prutkin_Salerno_Anderson_Ashley_Asplund_et al._2013, title={Abnormal electrocardiographic findings in athletes: recognising changes suggestive of primary electrical disease}, volume={47}, DOI={10.1136/bjsports-2012-092070}, number={3}, journal={British Journal of Sports Medicine}, author={Drezner, Jonathan A and Ackerman, Michael J and Cannon, Bryan C and Corrado, Domenico and Heidbuchel, Hein and Prutkin, Jordan M and Salerno, Jack C and Anderson, Jeffrey and Ashley, Euan and Asplund, Chad A and Baggish, Aaron L and Börjesson, Mats and DiFiori, John P and Fischbach, Peter and Froelicher, Victor and Harmon, Kimberly G and Marek, Joseph and Owens, David S and Paul, Stephen and Pelliccia, Antonio and Schmied, Christian M and Sharma, Sanjay and Stein, Ricardo and Vetter, Victoria L and Wilson, Mathew G}, year={2013}, month={Feb}, pages={153-167} }

@article{Drezner_Ashley_Baggish_Börjesson_Corrado_Owens_Patel_Pelliccia_Vetter_Ackerman_et al._2013, title={Abnormal electrocardiographic findings in athletes: recognising changes suggestive of cardiomyopathy}, volume={47}, DOI={10.1136/bjsports-2012-092069}, number={3}, journal={British Journal of Sports Medicine}, author={Drezner, Jonathan A and Ashley, Euan and Baggish, Aaron L and Börjesson, Mats and Corrado, Domenico and Owens, David S and Patel, Akash and Pelliccia, Antonio and Vetter, Victoria L and Ackerman, Michael J and Anderson, Jeff and Asplund, Chad A and Cannon, Bryan C and DiFiori, John and Fischbach, Peter and Froelicher, Victor and Harmon, Kimberly G and Heidbuchel, Hein and Marek, Joseph and

Paul, Stephen and Prutkin, Jordan M and Salerno, Jack C and Schmied, Christian M and Sharma, Sanjay and Stein, Ricardo and Wilson, Mathew}, year={2013}, month={Feb}, pages={137-152} }

@article{Drezner_Sharma_Baggish_Papadakis_Wilson_Prutkin_Gerche_Ackerman_Borjesson_Salerno_et al._2017, title={International criteria for electrocardiographic interpretation in athletes: Consensus statement}, volume={51}, DOI={10.1136/bjsports-2016-097331}, number={9}, journal={British Journal of Sports Medicine}, author={Drezner, Jonathan A and Sharma, Sanjay and Baggish, Aaron and Papadakis, Michael and Wilson, Mathew G and Prutkin, Jordan M and Gerche, Andre La and Ackerman, Michael J and Borjesson, Mats and Salerno, Jack C and Asif, Irfan M and Owens, David S and Chung, Eugene H and Emery, Michael S and Froelicher, Victor F and Heidbuchel, Hein and Adamuz, Carmen and Asplund, Chad A and Cohen, Gordon and Harmon, Kimberly G and Marek, Joseph C and Molossi, Silvana and Niebauer, Josef and Pelto, Hank F and Perez, Marco V and Riding, Nathan R and Saarel, Tess and Schmied, Christian M and Shipon, David M and Stein, Ricardo and Vetter, Victoria L and Pelliccia, Antonio and Corrado, Domenico}, year={2017}, month={May}, pages={704-731} }

@article{Dvorak_Baume_Botr e_Bros eus_Budgett_Frey_Geyer_Harcourt_Ho_Howman_et al._2014, title={Time for change: a roadmap to guide the implementation of the World Anti-Doping Code 2015}, volume={48}, DOI={10.1136/bjsports-2014-093561}, number={10}, journal={British Journal of Sports Medicine}, author={Dvorak, Jiri and Baume, Norbert and Botr e, Francesco and Bros eus, Julian and Budgett, Richard and Frey, Walter O and Geyer, Hans and Harcourt, Peter Rex and Ho, Dave and Howman, David and Isola, Victor and Lundby, Carsten and Marclay, Fran ois and Peytavin, Annie and Pipe, Andrew and Pitsiladis, Yannis P and Reichel, Christian and Robinson, Neil and Rodchenkov, Grigory and Saugy, Martial and Sayegh, Souheil and Segura, Jordi and Thevis, Mario and Verneq, Alan and Viret, Marjolaine and Vouillamoz, Marc and Zorzoli, Mario}, year={2014}, month={May}, pages={801-806} }

@article{Dvorak_Kramer_Schmied_Drezner_Zideman_Patricios_Correia_Pedrinelli_Mandelbaum_2013, title={The FIFA medical emergency bag and FIFA 11 steps to prevent sudden cardiac death: setting a global standard and promoting consistent football field emergency care}, volume={47}, DOI={10.1136/bjsports-2013-092767}, number={18}, journal={British Journal of Sports Medicine}, author={Dvorak, Jiri and Kramer, Efraim B and Schmied, Christian M and Drezner, Jonathan A and Zideman, David and Patricios, Jon and Correia, Luis and Pedrinelli, Andr e and Mandelbaum, Bert}, year={2013}, month={Dec}, pages={1199-1202} }

@article{Ekstrand_Timpka_Hagglund_Karlsson_2006, title={Risk of injury in elite football played on artificial turf versus natural grass: a prospective two-cohort study * Commentary}, volume={40}, DOI={10.1136/bjsm.2006.027623}, number={12}, journal={British Journal of Sports Medicine}, author={Ekstrand, J and Timpka, T and Hagglund, M and Karlsson, J}, year={2006}, month={Dec}, pages={975-980} }

@article{Fallon_2008, title={Screening for haematological and iron-related abnormalities in elite athletes—Analysis of 576 cases}, volume={11}, DOI={10.1016/j.jsams.2007.02.017}, number={3}, journal={Journal of Science and Medicine in Sport}, author={Fallon, Kieran E.}, year={2008}, month={Jun}, pages={329-336} }

@article{Fitch_2013, title={Therapeutic use exemptions (TUEs) at the Olympic Games 1992-2012}, volume={47}, DOI={10.1136/bjsports-2013-092460}, number={13}, journal={British Journal of Sports Medicine}, author={Fitch, Kenneth D}, year={2013}, month={Sep}, pages={815-818} }

@article{Forbes-Robertson_Dudley_Vadgama_Cook_Drawer_Kilduff_2012a, title={Circadian Disruption and Remedial Interventions}, volume={42}, DOI={10.2165/11596850-000000000-00000}, number={3}, journal={Sports Medicine}, author={Forbes-Robertson, Sarah and Dudley, Edward and Vadgama, Pankaj and Cook, Christian and Drawer, Scott and Kilduff, Liam}, year={2012}, month={Mar}, pages={185-208} }

@article{Forbes-Robertson_Dudley_Vadgama_Cook_Drawer_Kilduff_2012b, title={Circadian Disruption and Remedial Interventions}, volume={42}, DOI={10.2165/11596850-000000000-00000}, number={3}, journal={Sports Medicine}, author={Forbes-Robertson, Sarah and Dudley, Edward and Vadgama, Pankaj and Cook, Christian and Drawer, Scott and Kilduff, Liam}, year={2012}, month={Mar}, pages={185-208} }

@article{Goldstein_Ziegenfuss_Kalman_Kreider_Campbell_Wilborn_Taylor_Willoughby_Stout_Graves_et al. 2010, title={International society of sports nutrition position stand: caffeine and performance}, volume={7}, DOI={10.1186/1550-2783-7-5}, number={1}, journal={Journal of the International Society of Sports Nutrition}, author={Goldstein, Erica R and Ziegenfuss, Tim and Kalman, Doug and Kreider, Richard and Campbell, Bill and Wilborn, Colin and Taylor, Lem and Willoughby, Darryn and Stout, Jeff and Graves, B Sue and Wildman, Robert and Ivy, John L and Spano, Marie and Smith, Abbie E and Antonio, Jose}, year={2010} }

@article{Gordon_Gucciardi_2011, title={A Strengths-Based Approach to Coaching Mental Toughness}, volume={2}, DOI={10.1080/21520704.2011.598222}, number={3}, journal={Journal of Sport Psychology in Action}, author={Gordon, Sandy and Gucciardi, Daniel F.}, year={2011}, month={Sep}, pages={143-155} }

@article{Graf-Baumann_2006, title={Medicolegal aspects of doping in football}, volume={40}, DOI={10.1136/bjsm.2006.027979}, number={Supplement 1}, journal={British Journal of Sports Medicine}, author={Graf-Baumann, T}, year={2006}, month={Jul}, pages={i55-i57} }

@article{Grant_2002, title={Sea level and acute responses to hypoxia: do they predict physiological responses and acute mountain sickness at altitude?}, volume={36}, DOI={10.1136/bjsm.36.2.141}, number={2}, journal={British Journal of Sports Medicine}, author={Grant, S}, year={2002}, month={Apr}, pages={141-146} }

@article{Greenfield_West_2012, title={Ethical Issues in Sports Medicine}, volume={4}, DOI={10.1177/1941738112459327}, number={6}, journal={Sports Health: A Multidisciplinary Approach}, author={Greenfield, Bruce H. and West, Charles Robert}, year={2012}, month={Nov}, pages={475-479} }

@article{van der Gronde_de Hon_Haisma_Pieters_2013, title={Gene doping: an overview and current implications for athletes}, volume={47}, DOI={10.1136/bjsports-2012-091288}, number={11}, journal={British Journal of Sports

Medicine}, author={van der Gronde, Toon and de Hon, Olivier and Haisma, Hidde J and Pieters, Toine}, year={2013}, month={Jul}, pages={670-678} }

@article{Grout_McClave_Jampolis_Krueger_Hurt_Landes_Kiraly_2016, title={Basic Principles of Sports Nutrition}, volume={5}, DOI={10.1007/s13668-016-0177-3}, number={3}, journal={Current Nutrition Reports}, author={Grout, Anna and McClave, Stephen A. and Jampolis, Melina B. and Krueger, Kristine and Hurt, Ryan T. and Landes, Sarah and Kiraly, Laszlo}, year={2016}, month={Sep}, pages={213-222} }

@article{Hainline_Turner_Caneiro_Stewart_Lorimer Moseley_2017, title={Pain in elite athletes—neurophysiological, biomechanical and psychosocial considerations: a narrative review}, volume={51}, DOI={10.1136/bjsports-2017-097890}, number={17}, journal={British Journal of Sports Medicine}, author={Hainline, Brian and Turner, Judith A and Caneiro, J P and Stewart, Mike and Lorimer Moseley, G}, year={2017}, month={Sep}, pages={1259-1264} }

@article{Halson_2014, title={Monitoring Training Load to Understand Fatigue in Athletes}, volume={44}, DOI={10.1007/s40279-014-0253-z}, number={S2}, journal={Sports Medicine}, author={Halson, Shona L.}, year={2014}, month={Nov}, pages={139-147} }

@article{Hays_Maynard_Thomas_Bawden_2007, title={Sources and Types of Confidence Identified by World Class Sport Performers}, volume={19}, DOI={10.1080/10413200701599173}, number={4}, journal={Journal of Applied Sport Psychology}, author={Hays, Kate and Maynard, Ian and Thomas, Owen and Bawden, Mark}, year={2007}, month={Oct}, pages={434-456} }

@inbook{Herxheimer_Petrie_1996, address={Chichester, UK}, title={Melatonin for the prevention and treatment of jet lag}, url={http://doi.wiley.com/10.1002/14651858.CD001520}, DOI={10.1002/14651858.CD001520}, booktitle={Cochrane Database of Systematic Reviews}, publisher={John Wiley & Sons, Ltd}, author={Herxheimer, Andrew and Petrie, Keith J}, year={1996}, month={Sep} }

@article{Heung-Sang Wong_Sun_Chen_Li_Zhang_Ya-Jun Huang_2017, title={Effect of pre-exercise carbohydrate diets with high vs low glycemic index on exercise performance: a meta-analysis}, volume={75}, DOI={10.1093/nutrit/nux003}, number={5}, journal={Nutrition Reviews}, author={Heung-Sang Wong, Stephen and Sun, Feng-Hua and Chen, Ya-Jun and Li, Chunxiao and Zhang, Yan-Jie and Ya-Jun Huang, Wendy}, year={2017}, month={May}, pages={327-338} }

@article{Holick_2007, title={Vitamin D Deficiency}, volume={357}, DOI={10.1056/NEJMra070553}, number={3}, journal={New England Journal of Medicine}, author={Holick, Michael F.}, year={2007}, month={Jul}, pages={266-281} }

@article{Holm_McNamee_2009, title={Ethics in sports medicine}, volume={339}, DOI={10.1136/bmj.b3898}, number={sep29 2}, journal={BMJ}, author={Holm, S. and McNamee, M.}, year={2009}, month={Sep}, pages={b3898-b3898} }

@article{Imray_Wright_Subudhi_Roach_2010, title={Acute Mountain Sickness: Pathophysiology, Prevention, and Treatment}, volume={52},

DOI={10.1016/j.pcad.2010.02.003}, number={6}, journal={Progress in Cardiovascular Diseases}, author={Imray, Chris and Wright, Alex and Subudhi, Andrew and Roach, Robert}, year={2010}, month={May}, pages={467-484} }

@article{Iverson_Gardner_Terry_Ponsford_Sills_Broshek_Solomon_2017, title={Predictors of clinical recovery from concussion: a systematic review}, volume={51}, DOI={10.1136/bjsports-2017-097729}, number={12}, journal={British Journal of Sports Medicine}, author={Iverson, Grant L and Gardner, Andrew J and Terry, Douglas P and Ponsford, Jennie L and Sills, Allen K and Broshek, Donna K and Solomon, Gary S}, year={2017}, month={Jun}, pages={941-948} }

@article{Kamins_Bigler_Covassin_Henry_Kemp_Leddy_Mayer_McCrea_Prins_Schneider_et al._2017, title={What is the physiological time to recovery after concussion? A systematic review}, volume={51}, DOI={10.1136/bjsports-2016-097464}, number={12}, journal={British Journal of Sports Medicine}, author={Kamins, Joshua and Bigler, Erin and Covassin, Tracey and Henry, Luke and Kemp, Simon and Leddy, John J and Mayer, Andrew and McCrea, Michael and Prins, Mayumi and Schneider, Kathryn J and Valovich McLeod, Tamara C and Zemek, Roger and Giza, Christopher C}, year={2017}, month={Jun}, pages={935-940} }

@article{Lapinskienė_Mikulevičienė_Laubner_Badaras_2018, title={Consequences of an extreme diet in the professional sport: Refeeding syndrome to a bodybuilder}, volume={23}, DOI={10.1016/j.clnesp.2017.10.003}, journal={Clinical Nutrition ESPEN}, author={Lapinskienė, Indrė and Mikulevičienė, Gabija and Laubner, Gabija and Badaras, Robertas}, year={2018}, month={Feb}, pages={253-255} }

@article{Leatherwood_Dragoo_2013, title={Effect of airline travel on performance: a review of the literature}, volume={47}, DOI={10.1136/bjsports-2012-091449}, number={9}, journal={British Journal of Sports Medicine}, author={Leatherwood, Whitney E and Dragoo, Jason L}, year={2013}, month={Jun}, pages={561-567} }

@article{Levine_Stray-Gundersen_Mehta_2008, title={Effect of altitude on football performance}, volume={18}, DOI={10.1111/j.1600-0838.2008.00835.x}, journal={Scandinavian Journal of Medicine & Science in Sports}, author={Levine, B. D. and Stray-Gundersen, J. and Mehta, R. D.}, year={2008}, month={Jul}, pages={76-84} }

@article{Lewis_Collins_Pedlar_Rogers_2015, title={Can clinicians and scientists explain and prevent unexplained underperformance syndrome in elite athletes: an interdisciplinary perspective and 2016 update}, volume={1}, DOI={10.1136/bmjsem-2015-000063}, number={1}, journal={BMJ Open Sport & Exercise Medicine}, author={Lewis, Nathan A and Collins, Dave and Pedlar, Charles R and Rogers, John P}, year={2015}, month={Nov} }

@article{Ljungqvist_Jenoure_Engebretsen_Alonso_Bahr_Clough_De Bondt_Dvorak_Maloley_Matheson_et al._2009, title={The International Olympic Committee (IOC) Consensus Statement on periodic health evaluation of elite athletes March 2009}, volume={43}, DOI={10.1136/bjsem.2009.064394}, number={9}, journal={British Journal of Sports Medicine}, author={Ljungqvist, A. and Jenoure, P. and Engebretsen, L. and Alonso, J. M. and Bahr, R. and Clough, A. and De Bondt, G. and Dvorak, J. and Maloley, R. and Matheson, G. and Meeuwisse, W. and Meijboom, E. and Mountjoy, M. and Pelliccia, A. and Schwelnus, M. and Sprumont, D. and Schamasch, P. and Gauthier, J.-B. and Dubi, C.}

and Stupp, H. and Thill, C.}, year={2009}, month={Sep}, pages={631-643} }

@article{Lohr_Lilienfeld_Rosen_2012, title={Anxiety and its treatment: Promoting science-based practice}, volume={26}, DOI={10.1016/j.janxdis.2012.06.007}, number={7}, journal={Journal of Anxiety Disorders}, author={Lohr, Jeffrey M. and Lilienfeld, Scott O. and Rosen, Gerald M.}, year={2012}, month={Oct}, pages={719-727} }

@article{Luks_Swenson_Bärtsch_2017, title={Acute high-altitude sickness}, volume={26}, DOI={10.1183/16000617.0096-2016}, number={143}, journal={European Respiratory Review}, author={Luks, Andrew M. and Swenson, Erik R. and Bärtsch, Peter}, year={2017}, month={Mar} }

@article{MacNamara_Button_Collins_2010, title={The Role of Psychological Characteristics in Facilitating the Pathway to Elite Performance Part 1: Identifying Mental Skills and Behaviors}, volume={24}, DOI={10.1123/tsp.24.1.52}, number={1}, journal={The Sport Psychologist}, author={MacNamara, Áine and Button, Angela and Collins, Dave}, year={2010}, month={Mar}, pages={52-73} }

@article{Makdissi_Schneider_Feddermann-Demont_Guskiewicz_Hinds_Leddy_McCrea_Turner_Johnston_2017, title={Approach to investigation and treatment of persistent symptoms following sport-related concussion: a systematic review}, volume={51}, DOI={10.1136/bjsports-2016-097470}, number={12}, journal={British Journal of Sports Medicine}, author={Makdissi, Michael and Schneider, Kathryn J and Feddermann-Demont, Nina and Guskiewicz, Kevin M and Hinds, Sidney and Leddy, John J and McCrea, Michael and Turner, Michael and Johnston, Karen M}, year={2017}, month={Jun}, pages={958-968} }

@article{Manfredini_Manfredini_Fersini_Conconi_1998, title={Circadian rhythms, athletic performance, and jet lag}, volume={32}, DOI={10.1136/bjism.32.2.101}, number={2}, journal={British Journal of Sports Medicine}, author={Manfredini, R. and Manfredini, F. and Fersini, C. and Conconi, F.}, year={1998}, month={Jun}, pages={101-106} }

@article{Maughan_Fallah_Coyle_2010, title={The effects of fasting on metabolism and performance}, volume={44}, DOI={10.1136/bjism.2010.072181}, number={7}, journal={British Journal of Sports Medicine}, author={Maughan, R. J. and Fallah, J. and Coyle, E. F.}, year={2010}, month={Jun}, pages={490-494} }

@article{Maughan_2002, title={The athlete's diet: nutritional goals and dietary strategies}, volume={61}, DOI={10.1079/PNS2001132}, number={01}, journal={Proceedings of the Nutrition Society}, author={Maughan, Ron}, year={2002}, month={Feb}, pages={87-96} }

@article{Maughan_King_Lea_2004, title={Dietary supplements}, volume={22}, DOI={10.1080/0264041031000140581}, number={1}, journal={Journal of Sports Sciences}, author={Maughan, Ron J and King, Doug S and Lea, Trevor}, year={2004}, month={Jan}, pages={95-113} }

@article{Mazzeo_2008, title={Physiological Responses to Exercise at Altitude}, volume={38}, DOI={10.2165/00007256-200838010-00001}, number={1}, journal={Sports Medicine}, author={Mazzeo, Robert S}, year={2008}, pages={1-8} }

@article{McCrea_Meier_Huber_Ptito_Bigler_Debert_Manley_Menon_Chen_Wall_et al._2017, title={Role of advanced neuroimaging, fluid biomarkers and genetic testing in the assessment of sport-related concussion: a systematic review}, volume={51}, DOI={10.1136/bjsports-2016-097447}, number={12}, journal={British Journal of Sports Medicine}, author={McCrea, Michael and Meier, Timothy and Huber, Daniel and Ptito, Alain and Bigler, Erin and Debert, Chantel T and Manley, Geoff and Menon, David and Chen, Jen-Kai and Wall, Rachel and Schneider, Kathryn J and McAllister, Thomas}, year={2017}, month={Jun}, pages={919-929} }

@article{McCrory_Meeuwisse_Dvorak_Aubry_Bailes_Broglio_Cantu_Cassidy_Echemendia_Castellani_et al._2017, title={Consensus statement on concussion in sport—the 5th international conference on concussion in sport held in Berlin, October 2016}, DOI={10.1136/bjsports-2017-097699}, journal={British Journal of Sports Medicine}, author={McCrory, Paul and Meeuwisse, Willem and Dvorak, Jiří and Aubry, Mark and Bailes, Julian and Broglio, Steven and Cantu, Robert C and Cassidy, David and Echemendia, Ruben J and Castellani, Rudy J and Davis, Gavin A and Ellenbogen, Richard and Emery, Carolyn and Engebretsen, Lars and Feddermann-Demont, Nina and Giza, Christopher C and Guskiewicz, Kevin M and Herring, Stanley and Iverson, Grant L and Johnston, Karen M and Kissick, James and Kutcher, Jeffrey and Leddy, John J and Maddocks, David and Makdissi, Michael and Manley, Geoff T and McCrea, Michael and Meehan, William P and Nagahiro, Sinji and Patricios, Jon and Putukian, Margot and Schneider, Kathryn J and Sills, Allen and Tator, Charles H and Turner, Michael and Vos, Pieter E}, year={2017}, month={Apr} }

@article{McCrory_Meeuwisse_Aubry_Cantu_Dvořák_Echemendia_Engebretsen_Johnston_Kutcher_Raftery_et al._2013, title={Consensus statement on concussion in sport: the 4th International Conference on Concussion in Sport held in Zurich, November 2012}, volume={47}, DOI={10.1136/bjsports-2013-092313}, number={5}, journal={British Journal of Sports Medicine}, author={McCrory, Paul and Meeuwisse, Willem H and Aubry, Mark and Cantu, Bob and Dvořák, Jiří and Echemendia, Ruben J and Engebretsen, Lars and Johnston, Karen and Kutcher, Jeffrey S and Raftery, Martin and Sills, Allen and Benson, Brian W and Davis, Gavin A and Ellenbogen, Richard G and Guskiewicz, Kevin and Herring, Stanley A and Iverson, Grant L and Jordan, Barry D and Kissick, James and McCrea, Michael and McIntosh, Andrew S and Maddocks, David and Makdissi, Michael and Purcell, Laura and Putukian, Margot and Schneider, Kathryn and Tator, Charles H and Turner, Michael}, year={2013}, month={Apr}, pages={250-258} }

@article{McLendon_Kralik_Grayson_Golomb_2016, title={The Controversial Second Impact Syndrome: A Review of the Literature}, volume={62}, DOI={10.1016/j.pediatrneurol.2016.03.009}, journal={Pediatric Neurology}, author={McLendon, Loren A. and Kralik, Stephen F. and Grayson, Patricia A. and Golomb, Meredith R.}, year={2016}, month={Sep}, pages={9-17} }

@article{McNamee_Phillips_2011a, title={Confidentiality, disclosure and doping in sports medicine}, volume={45}, DOI={10.1136/bjism.2009.064253}, number={3}, journal={British Journal of Sports Medicine}, author={McNamee, M. and Phillips, N.}, year={2011}, month={Mar}, pages={174-177} }

@article{McNamee_Phillips_2011b, title={Confidentiality, disclosure and doping in sports medicine}, volume={45}, DOI={10.1136/bjism.2009.064253}, number={3},

journal={British Journal of Sports Medicine}, author={McNamee, M. and Phillips, N.},
year={2011}, month={Mar}, pages={174-177} }

@article{McSharry_2007, title={Effect of altitude on physiological performance: a
statistical analysis using results of international football games}, volume={335},
DOI={10.1136/bmj.39393.451516.AD}, number={7633}, journal={BMJ},
author={McSharry, P. E}, year={2007}, month={Dec}, pages={1278-1281} }

@article{Meeusen_Nederhof_Buyse_Roelands_de Schutter_Piacentini_2010,
title={Diagnosing overtraining in athletes using the two-bout exercise protocol},
volume={44}, DOI={10.1136/bjism.2008.049981}, number={9}, journal={British Journal
of Sports Medicine}, author={Meeusen, R. and Nederhof, E. and Buyse, L. and Roelands,
B. and de Schutter, G. and Piacentini, M. F.}, year={2010}, month={Jul},
pages={642-648} }

@article{Meeusen_Duclos_Foster_Fry_Gleeson_Nieman_Raglin_Rietjens_Steinacker_Urhaus
en_2013, title={Prevention, diagnosis and treatment of the overtraining syndrome: Joint
consensus statement of the European College of Sport Science (ECSS) and the American
College of Sports Medicine (ACSM)}, volume={13},
DOI={10.1080/17461391.2012.730061}, number={1}, journal={European Journal of
Sport Science}, author={Meeusen, Romain and Duclos, Martine and Foster, Carl and Fry,
Andrew and Gleeson, Michael and Nieman, David and Raglin, John and Rietjens, Gerard
and Steinacker, Jürgen and Urhausen, Axel}, year={2013}, month={Jan}, pages={1-24}
}

@article{Meeusen_Duclos_Gleeson_Rietjens_Steinacker_Urhausen_2006,
title={Prevention, diagnosis and treatment of the Overtraining Syndrome}, volume={6},
DOI={10.1080/17461390600617717}, number={1}, journal={European Journal of Sport
Science}, author={Meeusen, Romain and Duclos, Martine and Gleeson, Michael and
Rietjens, Gerard and Steinacker, Jürgen and Urhausen, Axel}, year={2006},
month={Mar}, pages={1-14} }

@article{Mountjoy_Sundgot-Borgen_Burke_Carter_Constantini_Lebrun_Meyer_Sherman_St
effen_Budgett_et al._2014, title={The IOC consensus statement: beyond the Female
Athlete Triad—Relative Energy Deficiency in Sport (RED-S)}, volume={48},
DOI={10.1136/bjsports-2014-093502}, number={7}, journal={British Journal of Sports
Medicine}, author={Mountjoy, Margo and Sundgot-Borgen, Jorunn and Burke, Louise and
Carter, Susan and Constantini, Naama and Lebrun, Constance and Meyer, Nanna and
Sherman, Roberta and Steffen, Kathrin and Budgett, Richard and Ljungqvist, Arne},
year={2014}, month={Apr}, pages={491-497} }

@article{Nassis_Brito_Dvorak_Chalabi_Racinais_2015, title={The association of
environmental heat stress with performance: analysis of the 2014 FIFA World Cup Brazil},
volume={49}, DOI={10.1136/bjsports-2014-094449}, number={9}, journal={British
Journal of Sports Medicine}, author={Nassis, George P and Brito, Joao and Dvorak, Jiri and
Chalabi, Hakim and Racinais, Sebastien}, year={2015}, month={May},
pages={609-613} }

@article{Nieto Estrada_Molano Franco_Medina_Gonzalez
Garay_Martí-Carvajal_Arevalo-Rodriguez_2017, title={Interventions for preventing high

altitude illness: Part 1. Commonly-used classes of drugs},
DOI={10.1002/14651858.CD009761.pub2}, journal={Cochrane Database of Systematic Reviews}, author={Nieto Estrada, Víctor H and Molano Franco, Daniel and Medina, Roger David and Gonzalez Garay, Alejandro G and Martí-Carvajal, Arturo J and Arevalo-Rodriguez, Ingrid}, year={2017}, month={Jun} }

@article{Noakes_Windt_2017, title={Evidence that supports the prescription of low-carbohydrate high-fat diets: a narrative review}, volume={51}, DOI={10.1136/bjsports-2016-096491}, number={2}, journal={British Journal of Sports Medicine}, author={Noakes, Timothy David and Windt, Johann}, year={2017}, month={Jan}, pages={133-139} }

@article{Panhuyzen-Goedkoop_Smeets_2014, title={Legal responsibilities of physicians when making participation decisions in athletes with cardiac disorders: Do guidelines provide a solid legal footing?}, volume={48}, DOI={10.1136/bjsports-2013-093023}, number={15}, journal={British Journal of Sports Medicine}, author={Panhuyzen-Goedkoop, Nicole M and Smeets, Joep L R M}, year={2014}, month={Aug}, pages={1193-1195} }

@article{Périard_Racinais_Timpka_Dahlström_Spreco_Jacobsson_Bargoria_Halje_Alonso_2017a, title={Strategies and factors associated with preparing for competing in the heat: a cohort study at the 2015 IAAF World Athletics Championships}, volume={51}, DOI={10.1136/bjsports-2016-096579}, number={4}, journal={British Journal of Sports Medicine}, author={Périard, Julien D and Racinais, Sébastien and Timpka, Toomas and Dahlström, Örjan and Spreco, Armin and Jacobsson, Jenny and Bargoria, Victor and Halje, Karin and Alonso, Juan-Manuel}, year={2017}, month={Feb}, pages={264-270} }

@article{Périard_Racinais_Timpka_Dahlström_Spreco_Jacobsson_Bargoria_Halje_Alonso_2017b, title={Strategies and factors associated with preparing for competing in the heat: a cohort study at the 2015 IAAF World Athletics Championships}, volume={51}, DOI={10.1136/bjsports-2016-096579}, number={4}, journal={British Journal of Sports Medicine}, author={Périard, Julien D and Racinais, Sébastien and Timpka, Toomas and Dahlström, Örjan and Spreco, Armin and Jacobsson, Jenny and Bargoria, Victor and Halje, Karin and Alonso, Juan-Manuel}, year={2017}, month={Feb}, pages={264-270} }

@article{Périard_Travers_Racinais_Sawka_2016, title={Cardiovascular adaptations supporting human exercise-heat acclimation}, volume={196}, DOI={10.1016/j.autneu.2016.02.002}, journal={Autonomic Neuroscience}, author={Périard, Julien D. and Travers, Gavin J.S. and Racinais, Sébastien and Sawka, Michael N.}, year={2016}, month={Apr}, pages={52-62} }

@article{Price_Malliaras_Hudson_2012, title={Current practices in determining return to play following head injury in professional football in the UK}, volume={46}, DOI={10.1136/bjsports-2011-090687}, number={14}, journal={British Journal of Sports Medicine}, author={Price, Jo and Malliaras, Peter and Hudson, Zoe}, year={2012}, month={Nov}, pages={1000-1003} }

@article{Pryor_Bennett_O'Connor_Young_Asplund_2015, title={Medical Evaluation for Exposure Extremes}, volume={25}, DOI={10.1097/JSM.0000000000000248}, number={5}, journal={Clinical Journal of Sport Medicine}, author={Pryor, Riana R. and

Bennett, Brad L. and O'Connor, Francis G. and Young, Justin M.J. and Asplund, Chad A.}, year={2015}, month={Sep}, pages={437-442} }

@article{Racinais_Alonso_Coutts_Flouris_Girard_González-Alonso_Hausswirth_Jay_Lee_Mitchell_et al._2015, title={Consensus recommendations on training and competing in the heat}, volume={49}, DOI={10.1136/bjsports-2015-094915}, number={18}, journal={British Journal of Sports Medicine}, author={Racinais, S and Alonso, J M and Coutts, A J and Flouris, A D and Girard, O and González-Alonso, J and Hausswirth, C and Jay, O and Lee, J K W and Mitchell, N and Nassis, G P and Nybo, L and Pluim, B M and Roelands, B and Sawka, M N and Wingo, J and Périard, J D}, year={2015}, month={Sep}, pages={1164-1173} }

@article{Reilly_Atkinson_Edwards_Waterhouse_Åkerstedt_Davenne_Lemmer_Wirz-Justice_2007, title={Coping with jet-lag: A Position Statement for the European College of Sport Science}, volume={7}, DOI={10.1080/17461390701216823}, number={1}, journal={European Journal of Sport Science}, author={Reilly, Thomas and Atkinson, Greg and Edwards, Ben and Waterhouse, Jim and Åkerstedt, Torbjörn and Davenne, Damien and Lemmer, Björn and Wirz-Justice, Anna}, year={2007}, month={Mar}, pages={1-7} }

@article{Reilly_Waterhouse_2009, title={Sports performance: is there evidence that the body clock plays a role?}, volume={106}, DOI={10.1007/s00421-009-1066-x}, number={3}, journal={European Journal of Applied Physiology}, author={Reilly, Thomas and Waterhouse, Jim}, year={2009}, month={Jun}, pages={321-332} }

@article{Robson_2003, title={Elucidating the Unexplained Underperformance Syndrome in Endurance Athletes}, volume={33}, DOI={10.2165/00007256-200333100-00004}, number={10}, journal={Sports Medicine}, author={Robson, Paula J}, year={2003}, pages={771-781} }

@article{Robson-Ansley_Blannin_Gleeson_2007, title={Elevated plasma interleukin-6 levels in trained male triathletes following an acute period of intense interval training}, volume={99}, DOI={10.1007/s00421-006-0354-y}, number={4}, journal={European Journal of Applied Physiology}, author={Robson-Ansley, Paula J. and Blannin, Andrew and Gleeson, Michael}, year={2007}, month={Feb}, pages={353-360} }

@article{Sargent_Schmidt_Aughey_Bourdon_Soria_Claros_Garvican-Lewis_Buchheit_Simpson_Hammond_et al._2013, title={The impact of altitude on the sleep of young elite soccer players (ISA3600)}, volume={47}, DOI={10.1136/bjsports-2013-092829}, number={Suppl 1}, journal={British Journal of Sports Medicine}, author={Sargent, Charli and Schmidt, Walter F and Aughey, Robert J and Bourdon, Pitre C and Soria, Rudy and Claros, Jesus C Jimenez and Garvican-Lewis, Laura A and Buchheit, Martin and Simpson, Ben M and Hammond, Kristal and Kley, Marlen and Wachsmuth, Nadine and Gore, Christopher J and Roach, Gregory D}, year={2013}, month={Dec}, pages={i86-i92} }

@article{Saugy_Lundby_Robinson_2014, title={Monitoring of biological markers indicative of doping: the athlete biological passport}, volume={48}, DOI={10.1136/bjsports-2014-093512}, number={10}, journal={British Journal of Sports Medicine}, author={Saugy, Martial and Lundby, Carsten and Robinson, Neil}, year={2014}, month={May}, pages={827-832} }

@article{Saunders_Garvican-Lewis_Schmidt_Gore_2013, title={Relationship between changes in haemoglobin mass and maximal oxygen uptake after hypoxic exposure}, volume={47}, DOI={10.1136/bjsports-2013-092841}, number={Suppl 1}, journal={British Journal of Sports Medicine}, author={Saunders, Philo U and Garvican-Lewis, Laura A and Schmidt, Walter F and Gore, Christopher J}, year={2013}, month={Dec}, pages={i26-i30} }

@article{Saw_Main_Gastin_2016, title={Monitoring the athlete training response: subjective self-reported measures trump commonly used objective measures: a systematic review}, volume={50}, DOI={10.1136/bjsports-2015-094758}, number={5}, journal={British Journal of Sports Medicine}, author={Saw, Anna E and Main, Luana C and Gastin, Paul B}, year={2016}, month={Mar}, pages={281-291} }

@article{Schmikli_Brink_de Vries_Backx_2011, title={Can we detect non-functional overreaching in young elite soccer players and middle-long distance runners using field performance tests?}, volume={45}, DOI={10.1136/bjsm.2009.067462}, number={8}, journal={British Journal of Sports Medicine}, author={Schmikli, S. L. and Brink, M. S. and de Vries, W. R. and Backx, F. J. G.}, year={2011}, month={Jun}, pages={631-636} }

@article{Schmikli_de Vries_Brink_Backx_2012, title={Monitoring performance, pituitary-adrenal hormones and mood profiles: how to diagnose non-functional over-reaching in male elite junior soccer players}, volume={46}, DOI={10.1136/bjsports-2011-090492}, number={14}, journal={British Journal of Sports Medicine}, author={Schmikli, Sándor L and de Vries, Wouter R and Brink, Michel S and Backx, Frank JG}, year={2012}, month={Nov}, pages={1019-1023} }

@article{Schneider_Meeuwisse_Nettel-Aguirre_Barlow_Boyd_Kang_Emery_2014, title={Cervicovestibular rehabilitation in sport-related concussion: a randomised controlled trial}, volume={48}, DOI={10.1136/bjsports-2013-093267}, number={17}, journal={British Journal of Sports Medicine}, author={Schneider, Kathryn J and Meeuwisse, Willem H and Nettel-Aguirre, Alberto and Barlow, Karen and Boyd, Lara and Kang, Jian and Emery, Carolyn A}, year={2014}, month={Sep}, pages={1294-1298} }

@article{Schobersberger_Dünnwald_Gmeiner_Blank_2017, title={Story behind meldonium—from pharmacology to performance enhancement: a narrative review}, volume={51}, DOI={10.1136/bjsports-2016-096357}, number={1}, journal={British Journal of Sports Medicine}, author={Schobersberger, Wolfgang and Dünnwald, Tobias and Gmeiner, Günther and Blank, Cornelia}, year={2017}, month={Jan}, pages={22-25} }

@article{Schommer_Menold_Subudhi_Bärtsch_2012, title={Health risk for athletes at moderate altitude and normobaric hypoxia}, volume={46}, DOI={10.1136/bjsports-2012-091270}, number={11}, journal={British Journal of Sports Medicine}, author={Schommer, Kai and Menold, Elmar and Subudhi, Andrew W and Bärtsch, Peter}, year={2012}, month={Sep}, pages={828-832} }

@article{Semsarian_Sweeting_Ackerman_2015, title={Sudden cardiac death in athletes}, volume={49}, DOI={10.1136/bjsports-2015-h1218rep}, number={15}, journal={British Journal of Sports Medicine}, author={Semsarian, Christopher and Sweeting, Joanna and Ackerman, Michael J}, year={2015}, month={Aug}, pages={1017-1023} }

@article{Sjöqvist_Garle_Rane_2008, title={Use of doping agents, particularly anabolic

steroids, in sports and society}, volume={371}, DOI={10.1016/S0140-6736(08)60801-6}, number={9627}, journal={The Lancet}, author={Sjöqvist, Folke and Garle, Mats and Rane, Anders}, year={2008}, month={May}, pages={1872-1882} }

@article{Soligard_Steffen_Palmer_Alonso_Bahr_Lopes_Dvorak_Grant_Meeuwisse_Mountjoy_et al._2017, title={Sports injury and illness incidence in the Rio de Janeiro 2016 Olympic Summer Games: A prospective study of 11274 athletes from 207 countries}, volume={51}, DOI={10.1136/bjsports-2017-097956}, number={17}, journal={British Journal of Sports Medicine}, author={Soligard, Torbjørn and Steffen, Kathrin and Palmer, Debbie and Alonso, Juan Manuel and Bahr, Roald and Lopes, Alexandre Dias and Dvorak, Jiri and Grant, Marie-Elaine and Meeuwisse, Willem and Mountjoy, Margo and Pena Costa, Leonardo Oliveira and Salmina, Natalia and Budgett, Richard and Engebretsen, Lars}, year={2017}, month={Sep}, pages={1265-1271} }

@article{Soligard_Steffen_Palmer-Green_Aubry_Grant_Meeuwisse_Mountjoy_Budgett_Engebretsen_2015, title={Sports injuries and illnesses in the Sochi 2014 Olympic Winter Games}, volume={49}, DOI={10.1136/bjsports-2014-094538}, number={7}, journal={British Journal of Sports Medicine}, author={Soligard, Torbjørn and Steffen, Kathrin and Palmer-Green, Debbie and Aubry, Mark and Grant, Marie-Elaine and Meeuwisse, Willem and Mountjoy, Margo and Budgett, Richard and Engebretsen, Lars}, year={2015}, month={Apr}, pages={441-447} }

@article{Speed_2013, title={High-performance sports medicine}, volume={13}, DOI={10.7861/clinmedicine.13-1-47}, number={1}, journal={Clinical Medicine}, author={Speed, C.}, year={2013}, month={Feb}, pages={47-49} }

@article{Statuta_Asif_Drezner_2017, title={Relative energy deficiency in sport (RED-S)}, volume={51}, DOI={10.1136/bjsports-2017-097700}, number={21}, journal={British Journal of Sports Medicine}, author={Statuta, Siobhan M and Asif, Irfan M and Drezner, Jonathan A}, year={2017}, month={Nov}, pages={1570-1571} }

@article{Steinvil_Chundadze_Zeltser_Rogowski_Halkin_Galily_Perluk_Viskin_2011, title={Mandatory Electrocardiographic Screening of Athletes to Reduce Their Risk for Sudden Death}, volume={57}, DOI={10.1016/j.jacc.2010.10.037}, number={11}, journal={Journal of the American College of Cardiology}, author={Steinvil, Arie and Chundadze, Tamar and Zeltser, David and Rogowski, Ori and Halkin, Amir and Galily, Yair and Perluk, Haim and Viskin, Sami}, year={2011}, month={Mar}, pages={1291-1296} }

@article{Thomas_Erdman_Burke_2016, title={Position of the Academy of Nutrition and Dietetics, Dietitians of Canada, and the American College of Sports Medicine: Nutrition and Athletic Performance}, volume={116}, DOI={10.1016/j.jand.2015.12.006}, number={3}, journal={Journal of the Academy of Nutrition and Dietetics}, author={Thomas, D. Travis and Erdman, Kelly Anne and Burke, Louise M.}, year={2016}, month={Mar}, pages={501-528} }

@article{Tscholl_Vaso_Weber_Dvorak_2015, title={High prevalence of medication use in professional football tournaments including the World Cups between 2002 and 2014: a narrative review with a focus on NSAIDs}, volume={49}, DOI={10.1136/bjsports-2015-094784}, number={9}, journal={British Journal of Sports

Medicine}, author={Tscholl, Philippe M and Vaso, Martin and Weber, Alexis and Dvorak, Jiri}, year={2015}, month={May}, pages={580-582} }

@article{Tyler_Sunderland_Cheung_2015, title={The effect of cooling prior to and during exercise on exercise performance and capacity in the heat: a meta-analysis}, volume={49}, DOI={10.1136/bjsports-2012-091739}, number={1}, journal={British Journal of Sports Medicine}, author={Tyler, Christopher James and Sunderland, Caroline and Cheung, Stephen S}, year={2015}, month={Jan}, pages={7-13} }

@article{Waterhouse_Reilly_Atkinson_1998, title={Melatonin and jet lag}, volume={32}, DOI={10.1136/bjism.32.2.98}, number={2}, journal={British Journal of Sports Medicine}, author={Waterhouse, J. and Reilly, T. and Atkinson, G.}, year={1998}, month={Jun}, pages={98-99} }

@article{Wegmann_Faude_Poppendieck_Hecksteden_Fröhlich_Meyer_2012, title={Pre-Cooling and Sports Performance}, volume={42}, DOI={10.2165/11630550-000000000-00000}, number={7}, journal={Sports Medicine}, author={Wegmann, Melissa and Faude, Oliver and Poppendieck, Wigand and Hecksteden, Anne and Fröhlich, Michael and Meyer, Tim}, year={2012}, month={Jul}, pages={545-564} }

@article{Wetjen_Pichelmann_Atkinson_2010, title={Second Impact Syndrome: Concussion and Second Injury Brain Complications}, volume={211}, DOI={10.1016/j.jamcollsurg.2010.05.020}, number={4}, journal={Journal of the American College of Surgeons}, author={Wetjen, Nicholas M. and Pichelmann, Mark A. and Atkinson, John L.D.}, year={2010}, month={Oct}, pages={553-557} }

@article{No pain, no gain. The dilemma of a team physician_2001, volume={35}, DOI={10.1136/bjism.35.3.141-a}, number={3}, journal={British Journal of Sports Medicine}, year={2001}, month={Jun}, pages={141-a-142} }

@article{Ethics, molecular biology, and sports medicine_2001, volume={35}, DOI={10.1136/bjism.35.3.142}, number={3}, journal={British Journal of Sports Medicine}, year={2001}, month={Jun}, pages={142-143} }

@article{Exercise and Fluid Replacement_2007, volume={39}, DOI={10.1249/mss.0b013e31802ca597}, number={2}, journal={Medicine & Science in Sports & Exercise}, year={2007}, month={Feb}, pages={377-390} }

@article{SCAT3 (Sport Concussion Assessment Tool)_2013, volume={47}, url={https://ezproxy.lib.gla.ac.uk/login?url=https://bjism.bmj.com/content/47/5/259.full.pdf+html}, journal={British Journal of Sports Medicine}, year={2013}, month={Apr}, pages={259-259} }

@article{Sport concussion assessment tool - 5th edition_2017, DOI={10.1136/bjsports-2017-097506SCAT5}, journal={British Journal of Sports Medicine}, year={2017}, month={Apr} }

@article{Sport concussion assessment tool for childrens ages 5 to 12 years_2017, DOI={10.1136/bjsports-2017-097492childscat5}, journal={British Journal of Sports Medicine}, year={2017}, month={Apr} }

@article{Concussion recognition tool 5©_2017,
DOI={10.1136/bjsports-2017-097508CRT5}, journal={British Journal of Sports Medicine},
year={2017}, month={Apr} }

@misc{Foreign travel advice - UK government,
url={https://www.gov.uk/foreign-travel-advice}, publisher={UK government} }

@misc{Fit For Travel, url={http://www.fitfortravel.nhs.uk/home.aspx} }