Health Promotion: Principles and Practice

MPH optional semester two course of 20 credits



Alcohol etc. (Scotland) Act 2010. n.d. https://www.legislation.gov.uk/asp/2010/18/contents.

Amdam, Roar. 2011. Planning in Health Promotion Work: An Empowerment Model. Vol. Routledge studies in public health. London: Routledge.

ayemind | n.d. http://ayemind.com/.

Baggott, Rob. 2011. Public Health: Policy and Politics. 2nd ed. Basingstoke, Hampshire: Palgrave Macmillan.

Bell, Ruth, Svetlana V. Glinianaia, Zelda van der Waal, Andrew Close, Eoin Moloney, Susan Jones, Vera Araújo-Soares, Sharon Hamilton, Eugene MG Milne, Janet Shucksmith, Luke Vale, Martyn Willmore, Martin White, and Steven Rushton. 2017a. 'Evaluation of a Complex Healthcare Intervention to Increase Smoking Cessation in Pregnant Women: Interrupted Time Series Analysis with Economic Evaluation'. Tobacco Control. doi:10.1136/tobaccocontrol-2016-053476.

Bell, Ruth, Svetlana V. Glinianaia, Zelda van der Waal, Andrew Close, Eoin Moloney, Susan Jones, Vera Araújo-Soares, Sharon Hamilton, Eugene MG Milne, Janet Shucksmith, Luke Vale, Martyn Willmore, Martin White, and Steven Rushton. 2017b. 'Evaluation of a Complex Healthcare Intervention to Increase Smoking Cessation in Pregnant Women: Interrupted Time Series Analysis with Economic Evaluation'. Tobacco Control. doi:10.1136/tobaccocontrol-2016-053476.

Buse, Kent, Nicholas Mays, and Gillian Walt. 2012. Making Health Policy. Vol. Understanding Public Health. Second edition. Maidenhead, Berkshire: McGraw-Hill/Open University Press.

Centre For Mental Health | Mental health promotion and mental illness prevention: The economic case. n.d.

https://www.centreformentalhealth.org.uk/sites/default/files/2018-09/Economic_case_for_p romotion and prevention.pdf.

Class Learning: Public Health Communication. n.d. http://www.classlearning.co.uk/books/public-health-communication-coming-soon-5991.

Community planning toolkit. n.d.

Conner, Mark, and Paul Norman, eds. 2015. Predicting and Changing Health Behaviour: Research and Practice with Social Cognition Models. Third edition. Maidenhead, Berkshire:

Open University Press.

Douglas, Jenny and Open University. 2010. A Reader in Promoting Public Health: Challenge and Controversy. 2nd ed. London: SAGE.

Evans, W. Douglas. 2016. Social Marketing Research for Global Public Health: Methods and Technologies. New York, NY: Oxford University Press.

Explanatory Notes to Alcohol etc. (Scotland) Act 2010. n.d. https://www.legislation.gov.uk/asp/2010/18/notes.

Explanatory Notes to Alcohol etc. (Scotland) Act 2010 - data.pdf. n.d.

Exworthy, Mark. 2012. Shaping Health Policy: Case Study Methods and Analysis. Bristol: Policy.

Friis, Robert H. 2012. Essentials of Environmental Health. 2nd ed. Burlington, Mass: Jones & Bartlett Learning.

Friis, Robert H. 2016a. Occupational Health and Safety: For the 21st Century. Burlington, MA: Jones & Bartlett Learning.

Friis, Robert H. 2016b. Occupational Health and Safety: For the 21st Century. Burlington, MA: Jones & Bartlett Learning.

Gatchel, Robert J., and Izabela Z. Schultz. 2012a. Handbook of Occupational Health and Wellness. Vol. Handbooks in health, work, and disability. New York: Springer Science + Business Media.

Gatchel, Robert J., and Izabela Z. Schultz. 2012b. Handbook of Occupational Health and Wellness. New York: Springer Science + Business Media.

Gatchel, Robert J., and Izabela Z. Schultz. 2012c. Handbook of Occupational Health and Wellness. New York: Springer Science + Business Media.

Gray, Cindy M., Kate Hunt, Nanette Mutrie, Annie S. Anderson, Jim Leishman, Lindsay Dalgarno, and Sally Wyke. 2013. 'Football Fans in Training: The Development and Optimization of an Intervention Delivered through Professional Sports Clubs to Help Men Lose Weight, Become More Active and Adopt Healthier Eating Habits'. BMC Public Health 13(1). doi:10.1186/1471-2458-13-232.

Green, Jackie, Keith Tones, Ruth Cross, and James Woodall. 2015a. Health Promotion: Planning & Strategies. 3rd edition. Los Angeles: SAGE.

Green, Jackie, Keith Tones, Ruth Cross, and James Woodall. 2015b. Health Promotion: Planning & Strategies. 3rd edition. Los Angeles: SAGE.

Green, Lawrence W. 2015. Health Promotion in Multicultural Populations: A Handbook for Practitioners and Students. Third edition. edited by R. M. Huff, M. V. Kline, and D. V. Peterson. Los Angeles: SAGE.

Halpern, David, Owain Service, Richard H. Thaler, and Behavioural Insights Team (Great

Britain). 2016. Inside the Nudge Unit: How Small Changes Can Make a Big Difference. London: WH Allen.

Ham, Christopher, and Christopher Ham. 2009. Health Policy in Britain. Vol. Public policy and politics. 6th ed. Basingstoke: Palgrave Macmillan.

Healthy minds, DPH report 2017. n.d.

https://www.mrc.ac.uk/documents/pdf/complex-interventions-guidance/. n.d. https://www.mrc.ac.uk/documents/pdf/complex-interventions-guidance/.

Innovations in Social Marketing and Public Health Communication. n.d. in Innovations in Social Marketing and Public Health Communication. Springer International Publishing.

Inside the Nudge Unit: how small changes can make a big difference - YouTube. n.d.

Knifton, Lee, and Neil Quinn, eds. 2013. Public Mental Health: Global Perspectives. Maidenhead, Berkshire, England: Open University Press.

Laverack, Glenn. 2016. Public Health: Power, Empowerment and Professional Practice. Third edition. Basingstoke, Hampshire: Palgrave Macmillan.

Licensing (Scotland) Act 2005. n.d. https://www.legislation.gov.uk/asp/2005/16/contents.

McLaughlin, Curtis P., and Craig McLaughlin. 2008. Health Policy Analysis: An Interdisciplinary Approach. Sudbury, Mass: Jones and Bartlett Publishers.

Minimum Unit Pricing. n.d.

https://www.gov.scot/policies/alcohol-and-drugs/minimum-unit-pricing/.

Moran, Michael, Martin Rein, and Robert E. Goodin. 2010. The Oxford Handbook of Public Policy. Vol. The Oxford handbooks of political science. Oxford: Oxford University Press.

Morris, Zoë Slote, and Peter John Clarkson. 2009. 'Does Social Marketing Provide a Framework for Changing Healthcare Practice?' Health Policy 91(2):135-41. doi:10.1016/j.healthpol.2008.11.009.

van Nassau, Femke. 2016a. 'Study Protocol of European Fans in Training (EuroFIT): A Four-Country Randomised Controlled Trial of a Lifestyle Program for Men Delivered in Elite Football Clubs'. BMC Public Health 16(1). doi:10.1186/s12889-016-3255-y.

van Nassau, Femke. 2016b. 'Study Protocol of European Fans in Training (EuroFIT): A Four-Country Randomised Controlled Trial of a Lifestyle Program for Men Delivered in Elite Football Clubs'. BMC Public Health 16(1). doi:10.1186/s12889-016-3255-y.

Obesity, n.d. in Obesity, Springer International Publishing.

Obesity in adults: prevention and lifestyle weight management programmes | Guidance and guidelines | NICE. n.d. https://www.nice.org.uk/guidance/qs111.

Obesity Update 2017. n.d.

Open University. 2007. Theory and Research in Promoting Public Health. Vol. Promoting public health: skills, perspectives and practice. edited by S. Earle, C. E. Lloyd, M. Sidell, and S. Spurr. London: SAGE Publications in association with the Open University.

Personal responsibility (2004). n.d.

Porter, Elizabeth, and Lesley Coles, eds. 2011. Policy and Strategy for Improving Health and Wellbeing. Vol. Transforming Public Health Practice. Exeter: Learning Matters.

Potvin, Louise, David V. McQueen, and Mary Hall. 2008. Health Promotion Evaluation Practices in the Americas: Values and Research. New York: Springer.

Raphael, D. 2015. 'Beyond Policy Analysis: The Raw Politics behind Opposition to Healthy Public Policy'. Health Promotion International 30(2):380–96. doi:10.1093/heapro/dau044.

Resnick, Elissa, Michael Siegel, and Michael Siegel. 2013. Marketing Public Health: Strategies to Promote Social Change. Third edition. Burlington, MA: Jones & Bartlett Learning.

Rutten, A., P. Gelius, and K. Abu-Omar. 2011. 'Policy Development and Implementation in Health Promotion--from Theory to Practice: The ADEPT Model'. Health Promotion International 26(3):322–29. doi:10.1093/heapro/daq080.

Scottish Mental Health Arts and Film Festival - Contact. n.d. https://www.mhfestival.com/contact.

Scriven, Angela, and Margaret Hodgins. 2012a. Health Promotion Settings: Principles and Practice. Thousand Oaks, CA: SAGE.

Scriven, Angela, and Margaret Hodgins. 2012b. Health Promotion Settings: Principles and Practice. Los Angeles, Calif: SAGE.

Scriven, Angela, and Margaret Hodgins. 2012c. Health Promotion Settings: Principles and Practice. Los Angeles, Calif: SAGE.

Scriven, Angela, and Margaret Hodgins. 2012d. Health Promotion Settings: Principles and Practice. London: SAGE.

Sharma, Manoj. 2017a. Theoretical Foundations of Health Education and Health Promotion. Burlington, MA: Jones & Bartlett Learning.

Sharma, Manoj. 2017b. Theoretical Foundations of Health Education and Health Promotion. Third edition. Burlington, MA: Jones & Bartlett Learning.

Sheaff, Michael. 2005. Sociology and Health Care: An Introduction for Nurses, Midwives and Allied Health Professionals. Maidenhead, Berkshire: Open University Press.

Simons-Morton, Bruce G., Kenneth Riley McLeroy, and Monica L. Wendel. 2012. Behavior Theory in Health Promotion Practice and Research. Sudbury, Mass: Jones & Bartlett Learning.

Tackling obesities: future choices - project report (2nd edition). n.d.

The Oxford Handbook of Public Policy. n.d.

The State of Obesity: Obesity data trends and policy analysis. n.d. https://stateofobesity.org/.

Thorogood, Margaret, and Yolande Coombes. 2010. Evaluating Health Promotion. Oxford University Press.

Tudor, Keith. 1996. Mental Health Promotion: Paradigms and Practice. London: Routledge.

UK Government report on childhood obesity 2015-16. n.d.-a.

UK Government report on childhood obesity 2015-16. n.d.-b.

USA: state of obesity 2018. n.d.

WHO | Healthy Settings. n.d. https://www.who.int/healthy_settings/en/.

WHO | Strategizing national health in the 21st century: a handbook. n.d. https://www.who.int/healthsystems/publications/nhpsp-handbook/en/.

WHO ending childhood obesity. n.d.

WHO ending childhood obesity: implementation plan 2017. n.d.

WHO Mental Health Atlas 2014. n.d.

WHO Promoting mental health. n.d.

 $http://apps.who.int/iris/bitstream/handle/10665/43286/9241562943_eng.pdf?sequence=1\& amp; is Allowed=y\& amp; ua=1.$