Health Promotion: Principles and Practice

MPH optional semester two course of 20 credits



[1]

Open University, Theory and research in promoting public health, vol. Promoting public health: skills, perspectives and practice. London: SAGE Publications in association with the Open University, 2007. Available:

https://ebookcentral.proquest.com/lib/gla/detail.action?docID=420887

[2]

G. Laverack, Public health: power, empowerment and professional practice, Third edition. Basingstoke, Hampshire: Palgrave Macmillan, 2016.

[3]

L. W. Green, Health promotion in multicultural populations: a handbook for practitioners and students, Third edition. Los Angeles: SAGE, 2015.

[4]

R. Amdam, Planning in health promotion work: an empowerment model, vol. Routledge studies in public health. London: Routledge, 2011.

[5]

J. Douglas and Open University, A reader in promoting public health: challenge and controversy, 2nd ed. London: SAGE, 2010.

[6]

J. Green, K. Tones, R. Cross, and J. Woodall, Health promotion: planning & strategies, 3rd edition. Los Angeles: SAGE, 2015.

[7]

R. Baggott, Public health: policy and politics, 2nd ed. Basingstoke, Hampshire: Palgrave Macmillan, 2011.

[8]

K. Buse, N. Mays, and G. Walt, Making health policy, Second edition., vol. Understanding Public Health. Maidenhead, Berkshire: McGraw-Hill/Open University Press, 2012. Available: https://ebookcentral.proquest.com/lib/gla/detail.action?docID=990486

[9]

M. Exworthy, Shaping health policy: case study methods and analysis. Bristol: Policy, 2012. Available:

https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1332/policypress/97818474275 88.001.0001

[10]

E. Porter and L. Coles, Eds, Policy and strategy for improving health and wellbeing, vol. Transforming Public Health Practice. Exeter: Learning Matters, 2011. Available: https://ebookcentral.proquest.com/lib/gla/detail.action?docID=820132

[11]

M. Moran, M. Rein, and R. E. Goodin, The Oxford handbook of public policy, vol. The Oxford handbooks of political science. Oxford: Oxford University Press, 2010. Available: https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1093/oxfordhb/9780199548453.001.0001

[12]

D. Raphael, 'Beyond policy analysis: the raw politics behind opposition to healthy public policy', Health Promotion International, vol. 30, no. 2, pp. 380–396, June 2015, doi: 10.1093/heapro/dau044

[13]

C. Ham and C. Ham, Health policy in Britain, 6th ed., vol. Public policy and politics. Basingstoke: Palgrave Macmillan, 2009.

[14]

The Oxford Handbook of Public Policy. Available: https://ezproxy.lib.gla.ac.uk/login?url=https://www.oxfordhandbooks.com/view/10.1093/oxfordhb/9780199548453.001.0001/oxfordhb-9780199548453

[15]

A. Rutten, P. Gelius, and K. Abu-Omar, 'Policy development and implementation in health promotion--from theory to practice: the ADEPT model', Health Promotion International, vol. 26, no. 3, pp. 322–329, Sept. 2011, doi: 10.1093/heapro/dag080

[16]

'Personal responsibility (2004)'. Available: http://webarchive.nationalarchives.gov.uk/+/http:/www.cabinetoffice.gov.uk/media/cabinetoffice/strategy/assets/pr2.pdf

[17]

'WHO | Strategizing national health in the 21st century: a handbook', Available: https://www.who.int/healthsystems/publications/nhpsp-handbook/en/

[18]

'Alcohol etc. (Scotland) Act 2010', Available: https://www.legislation.gov.uk/asp/2010/18/contents

[19]

'Licensing (Scotland) Act 2005', Available: https://www.legislation.gov.uk/asp/2005/16/contents

[20]

'Minimum Unit Pricing'. Available: https://www.gov.scot/policies/alcohol-and-drugs/minimum-unit-pricing/

[21]

C. P. McLaughlin and C. McLaughlin, Health policy analysis: an interdisciplinary approach. Sudbury, Mass: Jones and Bartlett Publishers, 2008.

[22]

E. Resnick, M. Siegel, and M. Siegel, Marketing public health: strategies to promote social change, Third edition. Burlington, MA: Jones & Bartlett Learning, 2013.

[23]

'Class Learning: Public Health Communication'. Available: http://www.classlearning.co.uk/books/public-health-communication-coming-soon-5991

[24]

W. D. Evans, Social marketing research for global public health: methods and technologies. New York, NY: Oxford University Press, 2016. Available: https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1093/acprof:oso/97801997573 98.001.0001

[25]

'Community planning toolkit'. Available: http://www.communityplanningtoolkit.org/sites/default/files/Engagement.pdf

[26]

R. H. Friis, Occupational health and safety: for the 21st century. Burlington, MA: Jones & Bartlett Learning, 2016.

[27]

R. J. Gatchel and I. Z. Schultz, Handbook of occupational health and wellness, vol. Handbooks in health, work, and disability. New York: Springer Science + Business Media, 2012. Available:

https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1007/978-1-4614-4839-6

[28]

A. Scriven and M. Hodgins, Health promotion settings: principles and practice. Thousand Oaks, CA: SAGE, 2012. Available:

https://www.vlebooks.com/vleweb/product/openreader?id=GlasgowUni&isbn=9781446253 953

[29]

A. Scriven and M. Hodgins, Health promotion settings: principles and practice. Los Angeles, Calif: SAGE, 2012.

[30]

R. H. Friis, Occupational health and safety: for the 21st century. Burlington, MA: Jones & Bartlett Learning, 2016.

[31]

R. J. Gatchel and I. Z. Schultz, Handbook of occupational health and wellness. New York: Springer Science + Business Media, 2012. Available: https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1007/978-1-4614-4839-6

[32]

R. H. Friis, Essentials of environmental health, 2nd ed. Burlington, Mass: Jones & Bartlett Learning, 2012.

[33]

M. Thorogood and Y. Coombes, Evaluating Health Promotion. Oxford University Press, 2010. doi: 10.1093/acprof:oso/9780199569298.001.0001. Available: https://ezproxy.lib.gla.ac.uk/login?url=https://www.oxfordscholarship.com/view/10.1093/ac

prof:oso/9780199569298.001.0001/acprof-9780199569298

[34]

'https://www.mrc.ac.uk/documents/pdf/complex-interventions-guidance/'. Available: https://www.mrc.ac.uk/documents/pdf/complex-interventions-guidance/

[35]

C. M. Gray et al., 'Football Fans in Training: the development and optimization of an intervention delivered through professional sports clubs to help men lose weight, become more active and adopt healthier eating habits', BMC Public Health, vol. 13, no. 1, Dec. 2013, doi: 10.1186/1471-2458-13-232

[36]

F. van Nassau, 'Study protocol of European Fans in Training (EuroFIT): a four-country randomised controlled trial of a lifestyle program for men delivered in elite football clubs', BMC Public Health, vol. 16, no. 1, Dec. 2016, doi: 10.1186/s12889-016-3255-y

[37]

R. Bell et al., 'Evaluation of a complex healthcare intervention to increase smoking cessation in pregnant women: interrupted time series analysis with economic evaluation', Tobacco Control, Feb. 2017, doi: 10.1136/tobaccocontrol-2016-053476

[38]

F. van Nassau, 'Study protocol of European Fans in Training (EuroFIT): a four-country randomised controlled trial of a lifestyle program for men delivered in elite football clubs', BMC Public Health, vol. 16, no. 1, Dec. 2016, doi: 10.1186/s12889-016-3255-y

[39]

'Obesity Update 2017'. Available: https://www.oecd.org/els/health-systems/Obesity-Update-2017.pdf

[40]

'The State of Obesity: Obesity data trends and policy analysis'. Available: https://stateofobesity.org/

[41]

'USA: state of obesity 2018'. Available:

https://stateofobesity.org/wp-content/uploads/2018/09/stateofobesity2018.pdf

[42]

'UK Government report on childhood obesity 2015-16'. Available: https://www.parliament.uk/documents/commons-committees/Health/Government-response -childhood-obesity-cm9330.pdf

[43]

'Tackling obesities: future choices - project report (2nd edition)'. Available: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/287937/07-1184x-tackling-obesities-future-choices-report.pdf

[44]

'UK Government report on childhood obesity 2015-16'. Available: https://www.parliament.uk/documents/commons-committees/Health/Government-response -childhood-obesity-cm9330.pdf

[45]

'WHO ending childhood obesity'. Available: http://apps.who.int/iris/bitstream/10665/204176/1/9789241510066_eng.pdf?ua=1

[46]

'WHO ending childhood obesity: implementation plan 2017'. Available: http://apps.who.int/iris/bitstream/10665/259349/1/WHO-NMH-PND-ECHO-17.1-eng.pdf

[47]

B. G. Simons-Morton, K. R. McLeroy, and M. L. Wendel, Behavior theory in health promotion practice and research. Sudbury, Mass: Jones & Bartlett Learning, 2012.

[48]

M. Conner and P. Norman, Eds, Predicting and changing health behaviour: research and practice with social cognition models, Third edition. Maidenhead, Berkshire: Open University Press, 2015.

[49]

'Inside the Nudge Unit: how small changes can make a big difference - YouTube'. Available: https://www.youtube.com/watch?v=UAqx|jrXqdc

[50]

D. Halpern, O. Service, R. H. Thaler, and Behavioural Insights Team (Great Britain), Inside the Nudge unit: how small changes can make a big difference. London: WH Allen, 2016.

[51]

L. Knifton and N. Quinn, Eds, Public mental health: global perspectives. Maidenhead, Berkshire, England: Open University Press, 2013. Available: https://ebookcentral.proguest.com/lib/gla/detail.action?docID=1142858

[52]

K. Tudor, Mental health promotion: paradigms and practice. London: Routledge, 1996.

[53]

'Centre For Mental Health | Mental health promotion and mental illness prevention: The economic case'. Available:

https://www.centreformentalhealth.org.uk/sites/default/files/2018-09/Economic_case_for_p romotion and prevention.pdf

[54]

'Healthy minds, DPH report 2017'. Available: http://www.nhsggc.org.uk/media/245351/nhsggc_ph_healthy_minds_dph_biennial_report_2 017-11.pdf

[55]

'ayemind |'. Available: http://ayemind.com/

[56]

'Scottish Mental Health Arts and Film Festival - Contact'. Available: https://www.mhfestival.com/contact

[57]

'WHO Mental Health Atlas 2014'. Available: https://www.who.int/publications/i/item/mental-health-atlas-2014

[58]

'WHO Promoting mental health'. Available: http://apps.who.int/iris/bitstream/handle/10665/43286/9241562943_eng.pdf?sequence=1& amp;isAllowed=y&ua=1

[59]

A. Scriven and M. Hodgins, Health promotion settings: principles and practice. Los Angeles, Calif: SAGE, 2012.

[60]

'Innovations in Social Marketing and Public Health Communication', in Innovations in Social Marketing and Public Health Communication, Springer International Publishing. Available: https://ezproxy.lib.gla.ac.uk/login?url=https://link.springer.com/10.1007/978-3-319-19869-9

[61]

A. Scriven and M. Hodgins, Health promotion settings: principles and practice. London: SAGE, 2012. Available:

https://www.vlebooks.com/vleweb/product/openreader?id=GlasgowUni&isbn=9781446253 953

[62]

'WHO | Healthy Settings', Available: https://www.who.int/healthy_settings/en/

[63]

M. Sharma, Theoretical foundations of health education and health promotion. Burlington, MA: Jones & Bartlett Learning, 2017.

[64]

M. Sharma, Theoretical foundations of health education and health promotion, Third edition. Burlington, MA: Jones & Bartlett Learning, 2017.

[65]

J. Green, K. Tones, R. Cross, and J. Woodall, Health promotion: planning & strategies, 3rd edition. Los Angeles: SAGE, 2015.

[66]

'Explanatory Notes to Alcohol etc. (Scotland) Act 2010', Available: https://www.legislation.gov.uk/asp/2010/18/notes

[67]

'Explanatory Notes to Alcohol etc. (Scotland) Act 2010 - data.pdf'. Available: http://www.legislation.gov.uk/asp/2010/18/notes/data.pdf

[68]

Z. S. Morris and P. J. Clarkson, 'Does social marketing provide a framework for changing healthcare practice?', Health Policy, vol. 91, no. 2, pp. 135–141, July 2009, doi:

10.1016/j.healthpol.2008.11.009

[69]

R. J. Gatchel and I. Z. Schultz, Handbook of occupational health and wellness. New York: Springer Science + Business Media, 2012. Available: http://ezproxy.lib.gla.ac.uk/login?url=http://dx.doi.org/10.1007/978-1-4614-4839-6

[70]

L. Potvin, D. V. McQueen, and M. Hall, Health promotion evaluation practices in the Americas: values and research. New York: Springer, 2008. Available: https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1007/978-0-387-79733-5

[71]

M. Sheaff, Sociology and health care: an introduction for nurses, midwives and allied health professionals. Maidenhead, Berkshire: Open University Press, 2005. Available: https://ebookcentral.proquest.com/lib/gla/detail.action?docID=295477

[72]

'Obesity in adults: prevention and lifestyle weight management programmes | Guidance and guidelines | NICE', Available: https://www.nice.org.uk/guidance/qs111

[73]

'Obesity', in Obesity, Springer International Publishing. Available: http://link.springer.com.ezproxy.lib.gla.ac.uk/book/10.1007%2F978-3-319-19821-7

[74]

R. Bell et al., 'Evaluation of a complex healthcare intervention to increase smoking cessation in pregnant women: interrupted time series analysis with economic evaluation', Tobacco Control, Feb. 2017, doi: 10.1136/tobaccocontrol-2016-053476