Health Promotion: Principles and Practice

MPH optional semester two course of 20 credits



1.

Open University: Theory and research in promoting public health. SAGE Publications in association with the Open University, London (2007).

2.

Laverack, G.: Public health: power, empowerment and professional practice. Palgrave Macmillan, Basingstoke, Hampshire (2016).

3.

Green, L.W.: Health promotion in multicultural populations: a handbook for practitioners and students. SAGE, Los Angeles (2015).

4.

Amdam, R.: Planning in health promotion work: an empowerment model. Routledge, London (2011).

5.

Douglas, J., Open University: A reader in promoting public health: challenge and controversy. SAGE, London (2010).

6.

Green, J., Tones, K., Cross, R., Woodall, J.: Health promotion: planning & strategies. SAGE, Los Angeles (2015).

Baggott, R.: Public health: policy and politics. Palgrave Macmillan, Basingstoke, Hampshire (2011).

8.

Buse, K., Mays, N., Walt, G.: Making health policy. McGraw-Hill/Open University Press, Maidenhead, Berkshire (2012).

9.

Exworthy, M.: Shaping health policy: case study methods and analysis. Policy, Bristol (2012).

10.

Porter, E., Coles, L. eds: Policy and strategy for improving health and wellbeing. Learning Matters, Exeter (2011).

11.

Moran, M., Rein, M., Goodin, R.E.: The Oxford handbook of public policy. Oxford University Press, Oxford (2010).

12.

Raphael, D.: Beyond policy analysis: the raw politics behind opposition to healthy public policy. Health Promotion International. 30, 380–396 (2015). https://doi.org/10.1093/heapro/dau044.

13.

Ham, C., Ham, C.: Health policy in Britain. Palgrave Macmillan, Basingstoke (2009).

14.

The Oxford Handbook of Public Policy.

15.

Rutten, A., Gelius, P., Abu-Omar, K.: Policy development and implementation in health promotion--from theory to practice: the ADEPT model. Health Promotion International. 26, 322–329 (2011). https://doi.org/10.1093/heapro/daq080.

16.

Personal responsibility (2004),

http://webarchive.nationalarchives.gov.uk/+/http:/www.cabinetoffice.gov.uk/media/cabinetoffice/strategy/assets/pr2.pdf.

17.

WHO | Strategizing national health in the 21st century: a handbook.

18.

Alcohol etc. (Scotland) Act 2010.

19.

Licensing (Scotland) Act 2005.

20.

Minimum Unit Pricing,

https://www.gov.scot/policies/alcohol-and-drugs/minimum-unit-pricing/.

21.

McLaughlin, C.P., McLaughlin, C.: Health policy analysis: an interdisciplinary approach. Jones and Bartlett Publishers, Sudbury, Mass (2008).

Resnick, E., Siegel, M., Siegel, M.: Marketing public health: strategies to promote social change. Jones & Bartlett Learning, Burlington, MA (2013).

23.

Class Learning: Public Health Communication, http://www.classlearning.co.uk/books/public-health-communication-coming-soon-5991.

24.

Evans, W.D.: Social marketing research for global public health: methods and technologies. Oxford University Press, New York, NY (2016).

25.

Community planning toolkit, http://www.communityplanningtoolkit.org/sites/default/files/Engagement.pdf.

26.

Friis, R.H.: Occupational health and safety: for the 21st century. Jones & Bartlett Learning, Burlington, MA (2016).

27.

Gatchel, R.J., Schultz, I.Z.: Handbook of occupational health and wellness. Springer Science + Business Media, New York (2012).

28.

Scriven, A., Hodgins, M.: Health promotion settings: principles and practice. SAGE, Thousand Oaks, CA (2012).

29.

Scriven, A., Hodgins, M.: Health promotion settings: principles and practice. SAGE, Los

Angeles, Calif (2012).

30.

Friis, R.H.: Occupational health and safety: for the 21st century. Jones & Bartlett Learning, Burlington, MA (2016).

31.

Gatchel, R.J., Schultz, I.Z.: Handbook of occupational health and wellness. Springer Science + Business Media, New York (2012).

32.

Friis, R.H.: Essentials of environmental health. Jones & Bartlett Learning, Burlington, Mass (2012).

33.

Thorogood, M., Coombes, Y.: Evaluating Health Promotion. Oxford University Press (2010). https://doi.org/10.1093/acprof:oso/9780199569298.001.0001.

34.

https://www.mrc.ac.uk/documents/pdf/complex-interventions-guidance/, https://www.mrc.ac.uk/documents/pdf/complex-interventions-guidance/.

35.

Gray, C.M., Hunt, K., Mutrie, N., Anderson, A.S., Leishman, J., Dalgarno, L., Wyke, S.: Football Fans in Training: the development and optimization of an intervention delivered through professional sports clubs to help men lose weight, become more active and adopt healthier eating habits. BMC Public Health. 13, (2013). https://doi.org/10.1186/1471-2458-13-232.

36.

van Nassau, F.: Study protocol of European Fans in Training (EuroFIT): a four-country

randomised controlled trial of a lifestyle program for men delivered in elite football clubs. BMC Public Health. 16, (2016). https://doi.org/10.1186/s12889-016-3255-y.

37.

Bell, R., Glinianaia, S.V., Waal, Z. van der, Close, A., Moloney, E., Jones, S., Araújo-Soares, V., Hamilton, S., Milne, E.M., Shucksmith, J., Vale, L., Willmore, M., White, M., Rushton, S.: Evaluation of a complex healthcare intervention to increase smoking cessation in pregnant women: interrupted time series analysis with economic evaluation. Tobacco Control. (2017). https://doi.org/10.1136/tobaccocontrol-2016-053476.

38.

van Nassau, F.: Study protocol of European Fans in Training (EuroFIT): a four-country randomised controlled trial of a lifestyle program for men delivered in elite football clubs. BMC Public Health. 16, (2016). https://doi.org/10.1186/s12889-016-3255-y.

39.

Obesity Update 2017, https://www.oecd.org/els/health-systems/Obesity-Update-2017.pdf.

40.

The State of Obesity: Obesity data trends and policy analysis, https://stateofobesity.org/.

41.

USA: state of obesity 2018,

https://stateofobesity.org/wp-content/uploads/2018/09/stateofobesity2018.pdf.

42.

UK Government report on childhood obesity 2015-16, https://www.parliament.uk/documents/commons-committees/Health/Government-response -childhood-obesity-cm9330.pdf.

Tackling obesities: future choices - project report (2nd edition), https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/287937/07-1184x-tackling-obesities-future-choices-report.pdf.

44.

UK Government report on childhood obesity 2015-16, https://www.parliament.uk/documents/commons-committees/Health/Government-response-childhood-obesity-cm9330.pdf.

45.

WHO ending childhood obesity, http://apps.who.int/iris/bitstream/10665/204176/1/9789241510066 eng.pdf?ua=1.

46.

WHO ending childhood obesity: implementation plan 2017, http://apps.who.int/iris/bitstream/10665/259349/1/WHO-NMH-PND-ECHO-17.1-eng.pdf.

47.

Simons-Morton, B.G., McLeroy, K.R., Wendel, M.L.: Behavior theory in health promotion practice and research. Jones & Bartlett Learning, Sudbury, Mass (2012).

48.

Conner, M., Norman, P. eds: Predicting and changing health behaviour: research and practice with social cognition models. Open University Press, Maidenhead, Berkshire (2015).

49.

Inside the Nudge Unit: how small changes can make a big difference - YouTube, https://www.youtube.com/watch?v=UAgxJjrXgdc.

Halpern, D., Service, O., Thaler, R.H., Behavioural Insights Team (Great Britain): Inside the Nudge unit: how small changes can make a big difference. WH Allen, London (2016).

51.

Knifton, L., Quinn, N. eds: Public mental health: global perspectives. Open University Press, Maidenhead, Berkshire, England (2013).

52.

Tudor, K.: Mental health promotion: paradigms and practice. Routledge, London (1996).

53.

Centre For Mental Health | Mental health promotion and mental illness prevention: The economic case,

https://www.centreformentalhealth.org.uk/sites/default/files/2018-09/Economic_case_for_promotion_and_prevention.pdf.

54.

Healthy minds, DPH report 2017, http://www.nhsggc.org.uk/media/245351/nhsggc ph healthy minds dph biennial report 2

http://www.nhsggc.org.uk/media/245351/nhsggc_ph_healthy_minds_dph_biennial_report_2 017-11.pdf.

55.

ayemind |, http://ayemind.com/.

56.

Scottish Mental Health Arts and Film Festival - Contact, https://www.mhfestival.com/contact.

57.

WHO Mental Health Atlas 2014,

https://www.who.int/publications/i/item/mental-health-atlas-2014.

58.

WHO Promoting mental health,

 $http://apps.who.int/iris/bitstream/handle/10665/43286/9241562943_eng.pdf?sequence=1\& amp; is Allowed=y\& amp; ua=1.$

59.

Scriven, A., Hodgins, M.: Health promotion settings: principles and practice. SAGE, Los Angeles, Calif (2012).

60.

Innovations in Social Marketing and Public Health Communication. In: Innovations in Social Marketing and Public Health Communication. Springer International Publishing.

61.

Scriven, A., Hodgins, M.: Health promotion settings: principles and practice. SAGE, London (2012).

62.

WHO | Healthy Settings.

63.

Sharma, M.: Theoretical foundations of health education and health promotion. Jones & Bartlett Learning, Burlington, MA (2017).

64.

Sharma, M.: Theoretical foundations of health education and health promotion. Jones & Bartlett Learning, Burlington, MA (2017).

Green, J., Tones, K., Cross, R., Woodall, J.: Health promotion: planning & strategies. SAGE, Los Angeles (2015).

66.

Explanatory Notes to Alcohol etc. (Scotland) Act 2010.

67.

Explanatory Notes to Alcohol etc. (Scotland) Act 2010 - data.pdf, http://www.legislation.gov.uk/asp/2010/18/notes/data.pdf.

68.

Morris, Z.S., Clarkson, P.J.: Does social marketing provide a framework for changing healthcare practice? Health Policy. 91, 135–141 (2009). https://doi.org/10.1016/j.healthpol.2008.11.009.

69.

Gatchel, R.J., Schultz, I.Z.: Handbook of occupational health and wellness. Springer Science + Business Media, New York (2012).

70.

Potvin, L., McQueen, D.V., Hall, M.: Health promotion evaluation practices in the Americas: values and research. Springer, New York (2008).

71.

Sheaff, M.: Sociology and health care: an introduction for nurses, midwives and allied health professionals. Open University Press, Maidenhead, Berkshire (2005).

72.

Obesity in adults: prevention and lifestyle weight management programmes | Guidance and guidelines | NICE.

73.

Obesity. In: Obesity. Springer International Publishing.

74.

Bell, R., Glinianaia, S.V., Waal, Z. van der, Close, A., Moloney, E., Jones, S., Araújo-Soares, V., Hamilton, S., Milne, E.M., Shucksmith, J., Vale, L., Willmore, M., White, M., Rushton, S.: Evaluation of a complex healthcare intervention to increase smoking cessation in pregnant women: interrupted time series analysis with economic evaluation. Tobacco Control. (2017). https://doi.org/10.1136/tobaccocontrol-2016-053476.