Health Promotion: Principles and Practice

MPH optional semester two course of 20 credits



1.

Open University. Theory and research in promoting public health [Internet]. Earle S, Lloyd CE, Sidell M, Spurr S, editors. Vol. Promoting public health: skills, perspectives and practice. London: SAGE Publications in association with the Open University; 2007. Available from: https://ebookcentral.proquest.com/lib/gla/detail.action?docID=420887

2.

Laverack G. Public health: power, empowerment and professional practice. Third edition. Basingstoke, Hampshire: Palgrave Macmillan; 2016.

3.

Green LW. Health promotion in multicultural populations: a handbook for practitioners and students. Third edition. Huff RM, Kline MV, Peterson DV, editors. Los Angeles: SAGE; 2015.

4.

Amdam R. Planning in health promotion work: an empowerment model. Vol. Routledge studies in public health. London: Routledge; 2011.

5.

Douglas J, Open University. A reader in promoting public health: challenge and controversy. 2nd ed. London: SAGE; 2010.

Green J, Tones K, Cross R, Woodall J. Health promotion: planning & strategies. 3rd edition. Los Angeles: SAGE; 2015.

7.

Baggott R. Public health: policy and politics. 2nd ed. Basingstoke, Hampshire: Palgrave Macmillan; 2011.

8.

Buse K, Mays N, Walt G. Making health policy [Internet]. Second edition. Vol. Understanding Public Health. Maidenhead, Berkshire: McGraw-Hill/Open University Press; 2012. Available from:

https://ebookcentral.proquest.com/lib/gla/detail.action?docID=990486

9.

Exworthy M. Shaping health policy: case study methods and analysis [Internet]. Bristol: Policy; 2012. Available from:

https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1332/policypress/9781847427588.001.0001

10.

Porter E, Coles L, editors. Policy and strategy for improving health and wellbeing [Internet]. Vol. Transforming Public Health Practice. Exeter: Learning Matters; 2011. Available from: https://ebookcentral.proguest.com/lib/gla/detail.action?docID=820132

11.

Moran M, Rein M, Goodin RE. The Oxford handbook of public policy [Internet]. Vol. The Oxford handbooks of political science. Oxford: Oxford University Press; 2010. Available from:

https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1093/oxfordhb/9780199548453.001.0001

12.

Raphael D. Beyond policy analysis: the raw politics behind opposition to healthy public policy. Health Promotion International. 2015 June 1;30(2):380–96.

Ham C, Ham C. Health policy in Britain. 6th ed. Vol. Public policy and politics. Basingstoke: Palgrave Macmillan; 2009.

14.

The Oxford Handbook of Public Policy [Internet]. Available from: https://ezproxy.lib.gla.ac.uk/login?url=https://www.oxfordhandbooks.com/view/10.1093/oxfordhb/9780199548453.001.0001/oxfordhb-9780199548453

15.

Rutten A, Gelius P, Abu-Omar K. Policy development and implementation in health promotion--from theory to practice: the ADEPT model. Health Promotion International. 2011 Sept 1;26(3):322-9.

16.

Personal responsibility (2004) [Internet]. Available from: http://webarchive.nationalarchives.gov.uk/+/http:/www.cabinetoffice.gov.uk/media/cabinetoffice/strategy/assets/pr2.pdf

17.

WHO | Strategizing national health in the 21st century: a handbook. Available from: https://www.who.int/healthsystems/publications/nhpsp-handbook/en/

18.

Alcohol etc. (Scotland) Act 2010. Available from: https://www.legislation.gov.uk/asp/2010/18/contents

19.

Licensing (Scotland) Act 2005. Available from: https://www.legislation.gov.uk/asp/2005/16/contents

Minimum Unit Pricing [Internet]. Available from: https://www.gov.scot/policies/alcohol-and-drugs/minimum-unit-pricing/

21.

McLaughlin CP, McLaughlin C. Health policy analysis: an interdisciplinary approach. Sudbury, Mass: Jones and Bartlett Publishers; 2008.

22.

Resnick E, Siegel M, Siegel M. Marketing public health: strategies to promote social change. Third edition. Burlington, MA: Jones & Bartlett Learning; 2013.

23.

Class Learning: Public Health Communication [Internet]. Available from: http://www.classlearning.co.uk/books/public-health-communication-coming-soon-5991

24.

Evans WD. Social marketing research for global public health: methods and technologies [Internet]. New York, NY: Oxford University Press; 2016. Available from: https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1093/acprof:oso/97801997573 98.001.0001

25.

Community planning toolkit [Internet]. Available from: http://www.communityplanningtoolkit.org/sites/default/files/Engagement.pdf

26.

Friis RH. Occupational health and safety: for the 21st century. Burlington, MA: Jones & Bartlett Learning; 2016.

Gatchel RJ, Schultz IZ. Handbook of occupational health and wellness [Internet]. Vol. Handbooks in health, work, and disability. New York: Springer Science + Business Media; 2012. Available from:

https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1007/978-1-4614-4839-6

28.

Scriven A, Hodgins M. Health promotion settings: principles and practice [Internet]. Thousand Oaks, CA: SAGE; 2012. Available from: https://www.vlebooks.com/vleweb/product/openreader?id=GlasgowUni&isbn=9781446253 953

29.

Scriven A, Hodgins M. Health promotion settings: principles and practice. Los Angeles, Calif: SAGE; 2012.

30.

Friis RH. Occupational health and safety: for the 21st century. Burlington, MA: Jones & Bartlett Learning; 2016.

31.

Gatchel RJ, Schultz IZ. Handbook of occupational health and wellness [Internet]. New York: Springer Science + Business Media; 2012. Available from: https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1007/978-1-4614-4839-6

32.

Friis RH. Essentials of environmental health. 2nd ed. Burlington, Mass: Jones & Bartlett Learning; 2012.

33.

Thorogood M, Coombes Y. Evaluating Health Promotion [Internet]. Oxford University Press; 2010. Available from:

https://ezproxy.lib.gla.ac.uk/login?url=https://www.oxfordscholarship.com/view/10.1093/ac

prof:oso/9780199569298.001.0001/acprof-9780199569298

34.

https://www.mrc.ac.uk/documents/pdf/complex-interventions-guidance/ [Internet]. Available from: https://www.mrc.ac.uk/documents/pdf/complex-interventions-guidance/

35.

Gray CM, Hunt K, Mutrie N, Anderson AS, Leishman J, Dalgarno L, et al. Football Fans in Training: the development and optimization of an intervention delivered through professional sports clubs to help men lose weight, become more active and adopt healthier eating habits. BMC Public Health. 2013 Dec;13(1).

36

van Nassau F. Study protocol of European Fans in Training (EuroFIT): a four-country randomised controlled trial of a lifestyle program for men delivered in elite football clubs. BMC Public Health. 2016 Dec;16(1).

37.

Bell R, Glinianaia SV, Waal Z van der, Close A, Moloney E, Jones S, et al. Evaluation of a complex healthcare intervention to increase smoking cessation in pregnant women: interrupted time series analysis with economic evaluation. Tobacco Control. 2017 Feb 15;

38.

van Nassau F. Study protocol of European Fans in Training (EuroFIT): a four-country randomised controlled trial of a lifestyle program for men delivered in elite football clubs. BMC Public Health. 2016 Dec;16(1).

39.

Obesity Update 2017 [Internet]. Available from: https://www.oecd.org/els/health-systems/Obesity-Update-2017.pdf

The State of Obesity: Obesity data trends and policy analysis [Internet]. Available from: https://stateofobesity.org/

41.

USA: state of obesity 2018 [Internet]. Available from: https://stateofobesity.org/wp-content/uploads/2018/09/stateofobesity2018.pdf

42.

UK Government report on childhood obesity 2015-16 [Internet]. Available from: https://www.parliament.uk/documents/commons-committees/Health/Government-response-childhood-obesity-cm9330.pdf

43.

Tackling obesities: future choices - project report (2nd edition) [Internet]. Available from: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/287937/07-1184x-tackling-obesities-future-choices-report.pdf

44.

UK Government report on childhood obesity 2015-16 [Internet]. Available from: https://www.parliament.uk/documents/commons-committees/Health/Government-response-childhood-obesity-cm9330.pdf

45.

WHO ending childhood obesity [Internet]. Available from: http://apps.who.int/iris/bitstream/10665/204176/1/9789241510066_eng.pdf?ua=1

46.

WHO ending childhood obesity: implementation plan 2017 [Internet]. Available from: http://apps.who.int/iris/bitstream/10665/259349/1/WHO-NMH-PND-ECHO-17.1-eng.pdf

Simons-Morton BG, McLeroy KR, Wendel ML. Behavior theory in health promotion practice and research. Sudbury, Mass: Jones & Bartlett Learning; 2012.

48.

Conner M, Norman P, editors. Predicting and changing health behaviour: research and practice with social cognition models. Third edition. Maidenhead, Berkshire: Open University Press; 2015.

49.

Inside the Nudge Unit: how small changes can make a big difference - YouTube [Internet]. Available from: https://www.youtube.com/watch?v=UAgx|jrXqdc

50.

Halpern D, Service O, Thaler RH, Behavioural Insights Team (Great Britain). Inside the Nudge unit: how small changes can make a big difference. London: WH Allen; 2016.

51.

Knifton L, Quinn N, editors. Public mental health: global perspectives [Internet]. Maidenhead, Berkshire, England: Open University Press; 2013. Available from: https://ebookcentral.proquest.com/lib/gla/detail.action?docID=1142858

52.

Tudor K. Mental health promotion: paradigms and practice. London: Routledge; 1996.

53.

Centre For Mental Health | Mental health promotion and mental illness prevention: The economic case [Internet]. Available from: https://www.centreformentalhealth.org.uk/sites/default/files/2018-09/Economic_case_for_p romotion_and_prevention.pdf

Healthy minds, DPH report 2017 [Internet]. Available from: http://www.nhsggc.org.uk/media/245351/nhsggc_ph_healthy_minds_dph_biennial_report_2 017-11.pdf

55.

ayemind | [Internet]. Available from: http://ayemind.com/

56.

Scottish Mental Health Arts and Film Festival - Contact [Internet]. Available from: https://www.mhfestival.com/contact

57.

WHO Mental Health Atlas 2014 [Internet]. Available from: https://www.who.int/publications/i/item/mental-health-atlas-2014

58.

WHO Promoting mental health [Internet]. Available from: http://apps.who.int/iris/bitstream/handle/10665/43286/9241562943_eng.pdf?sequence=1& amp;isAllowed=y&ua=1

59.

Scriven A, Hodgins M. Health promotion settings: principles and practice. Los Angeles, Calif: SAGE; 2012.

60.

Innovations in Social Marketing and Public Health Communication. In: Innovations in Social Marketing and Public Health Communication [Internet]. Springer International Publishing; Available from:

https://ezproxy.lib.gla.ac.uk/login?url=https://link.springer.com/10.1007/978-3-319-19869-9

Scriven A, Hodgins M. Health promotion settings: principles and practice [Internet]. London: SAGE; 2012. Available from:

https://www.vlebooks.com/vleweb/product/openreader?id=GlasgowUni&isbn=9781446253 953

62.

WHO | Healthy Settings. Available from: https://www.who.int/healthy_settings/en/

63.

Sharma M. Theoretical foundations of health education and health promotion. Burlington, MA: Jones & Bartlett Learning; 2017.

64.

Sharma M. Theoretical foundations of health education and health promotion. Third edition. Burlington, MA: Jones & Bartlett Learning; 2017.

65.

Green J, Tones K, Cross R, Woodall J. Health promotion: planning & strategies. 3rd edition. Los Angeles: SAGE; 2015.

66.

Explanatory Notes to Alcohol etc. (Scotland) Act 2010. Available from: https://www.legislation.gov.uk/asp/2010/18/notes

67.

Explanatory Notes to Alcohol etc. (Scotland) Act 2010 - data.pdf [Internet]. Available from: http://www.legislation.gov.uk/asp/2010/18/notes/data.pdf

68.

Morris ZS, Clarkson PJ. Does social marketing provide a framework for changing healthcare practice? Health Policy. 2009 July;91(2):135–41.

Gatchel RJ, Schultz IZ. Handbook of occupational health and wellness [Internet]. New York: Springer Science + Business Media; 2012. Available from: http://ezproxy.lib.gla.ac.uk/login?url=http://dx.doi.org/10.1007/978-1-4614-4839-6

70.

Potvin L, McQueen DV, Hall M. Health promotion evaluation practices in the Americas: values and research [Internet]. New York: Springer; 2008. Available from: https://ezproxy.lib.gla.ac.uk/login?url=https://dx.doi.org/10.1007/978-0-387-79733-5

71.

Sheaff M. Sociology and health care: an introduction for nurses, midwives and allied health professionals [Internet]. Maidenhead, Berkshire: Open University Press; 2005. Available from: https://ebookcentral.proquest.com/lib/gla/detail.action?docID=295477

72.

Obesity in adults: prevention and lifestyle weight management programmes | Guidance and guidelines | NICE. Available from: https://www.nice.org.uk/guidance/qs111

73.

Obesity. In: Obesity [Internet]. Springer International Publishing; Available from: http://link.springer.com.ezproxy.lib.gla.ac.uk/book/10.1007%2F978-3-319-19821-7

74

Bell R, Glinianaia SV, Waal Z van der, Close A, Moloney E, Jones S, et al. Evaluation of a complex healthcare intervention to increase smoking cessation in pregnant women: interrupted time series analysis with economic evaluation. Tobacco Control. 2017 Feb 15;